

# LA BALANDRA

BAR & RESTAURANT

## LUNCH MENU

### *Small Plates*

<b>NACHOS AND SALSA</b>	<b>\$8</b>
<b>MEDITERRANEAN HUMMUS</b>	<b>\$10</b>
<b>GOAT CHEESE RAVIOLI</b>	<b>\$12</b>
<b>CHICKEN WINGS ASIAN BBQ SAUCE</b>	<b>\$14</b>

### *From the Sea*

<b>CALAMARI FRITTI</b>	<b>\$14</b>
<b>PERUVIAN CEVICHE</b>	<b>\$16</b>
<b>SALMON CARPACCIO</b>	<b>\$18</b>
<b>SEAFOOD GRILLED KEBABS</b>	<b>\$18</b>

### SALADS

<b>CAPRESE SALAD</b> Tomato, Mozzarella, Basil, Extra Virgin Olive Oil. Add Shrimp \$7	<b>\$14</b>
<b>CAESAR SALAD</b> Bacon, Croutons, Parmesan Cheese & Boiled Eggs. Add Chicken \$7	<b>\$14</b>
<b>TROPICAL CRUNCH CHICKEN SALAD</b> with Fruit, Almond, Walnuts, Mango Vinaigrette	<b>\$18</b>
<b>LOBSTER ARUGULA SALAD</b> Whole Lobster Tail, Arugula, Avocado, Orange, Fennel	<b>\$25</b>

### WRAPS - SANDWICHES - BURGERS

<b>ITALIAN PROSCIUTTO CIABATTA</b> Prosciutto, Mozzarella, Pesto, Roasted Red Peppers	<b>\$18</b>
<b>SMOKED SALMON BAGUETTE</b> Boiled Egg, Tomato, Cream Cheese, Fried Capers	<b>\$22</b>
<b>BEEF TENDERLOIN BAGUETTE</b> Served with Caramelized Onions, Tomatoes, Goat Cheese	<b>\$20</b>
<b>GRILLED EGGPLANT &amp; ROASTED RED PEPPER SANDWICH</b> On Open Multigrain bread	<b>\$16</b>
<b>FISH TACOS</b> Pico de Gallo, Guacamole, Cilantro, Sour Cream, Soft Shell Corn Tortilla	<b>\$19</b>
<b>FISH OR CHICKEN OR BEEF WRAP</b> Flour Tortilla, Guacamole, Tomatoes & Sweet Chili	<b>\$17</b>
<b>CHICKEN QUESADILLA</b> Chicken, Guacamole and Pico de Gallo	<b>\$16</b>
<b>LA BALANDRA CHEESEBURGER</b> 8oz. Sirloin and Bacon Served on a Brioche Roll	<b>\$18</b>

ADD-ONS (\$2.00): SAUTEED MUSHROOMS, CARAMELIZED ONIONS, FRIED EGG

SANDWICHES ARE SERVED ON A FRESH WHITE OR WHEAT BAGUETTE WITH FRENCH FRIES

### PIZZAS

<b>MARGHERITA PIZZA</b> Basil, Mozzarella, Tomatoes, Spanish Extra Virgin Olive Oil	<b>\$16</b>
<b>PROSCIUTTO PIZZA</b> Prosciutto, Mozzarella, Topped with Arugula and Shaved Parmesan	<b>\$18</b>
<b>PEPPERONI &amp; MUSHROOM PIZZA</b> Mushroom, Pepperoni, Mozzarella	<b>\$18</b>

### DESSERTS

Select from our Mini Indulgences **\$4 EACH**

KEY LIME PIE | CHOCOLATE MOUSSE | PIÑA COLADA MOUSSE TIRAMISU | PASSION FRUIT

CHEESECAKE \$9.00 & ASSORTED ICE CREAM \$8.00

6% SALES TAX INCLUDED | GRATUITY AT YOUR DISCRETION

Please notify us of any food allergies or special dietary needs: your well being is important to us.