



NEPTUNE STATUE 0.1 MI.

NORTH

BEACH

BAR &

GRILL

LIGHTHOUSE 5.1 MI.

3107 ATLANTIC AVENUE
VIRGINIA BEACH, VA 23451
INSIDE HAMPTON INN NORTH
OPEN TO PUBLIC
757.491.1800

• APPETIZERS •

CHICKEN WINGS

10 11.95 OR 20 19.95

Deep fried chicken wings tossed in garlic parmesan, teriyaki w/ toasted sesame seeds, hot, mild or barbecue sauce, w/ your choice of ranch or bleu cheese dressing

*Flavors served only in multiples of 10

MOZZARELLA STICKS 8.95

Six jumbo mozzarella sticks fried golden brown and dusted w/ grated parmesan cheese served w/ marinara sauce

CAPRESE 8.95

Fresh mozzarella, fresh tomatoes, fresh basil and roasted red peppers topped w/ balsamic drizzle

*LEMON PEPPER STEAK BITES 9.95

Flat iron cubed and grilled. Available medium to well done served w/ our house made horsey sauce

SOUTHWEST EGG ROLLS 9.50

Hearty blend of chicken, cheese, black bean and corn in crispy flour tortilla atop a bed of shredded lettuce. Served w/ ranch dressing

CALAMARI 10.95

Breaded w/ our house made seafood seasoning, deep fried and dusted w/ grated parmesan cheese, served w/ marinara sauce

STEAMED SHRIMP

HALF LB. 10.95 OR 1 LB. 18.95

Steamed in old bay served w/ melted butter, cocktail sauce, and lemon garnish

• BREAD & SOUP •

BASKET OF 6 BREAD STICKS 4.95

SHE CRAB SOUP

CUP 5.95 BOWL 9.95

Our cream-based she crab soup is one of our most popular items. We make it in house from the best ingredients available, flour free and top it w/ old bay seasoning.

* \$2.00 CHARGE FOR EXTRA PLATE

* These items are cooked to your preferred temperature. Consuming raw or under cooked meats, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions, as well as for the elderly and infants.

• SALADS •

CAESAR SALAD

SMALL 5.95 LARGE 10.95

Crisp hearts of Romaine tossed w/ Tuscan Caesar dressing, topped w/ fresh tomatoes, shaved parmesan cheese, and seasoned croutons

ITALIAN SALAD 11.95

Spring mix, chopped lettuce, celery, red onion, mixed olives, pepperoncinis, and tomatoes w/ shaved parmesan cheese served w/ balsamic vinaigrette

HARVEST SALAD

SMALL 4.95 LARGE 8.95

Fresh spring mix w/ tomato, cucumber, and carrot, topped w/ seasoned croutons

SUMMER SALAD 11.95

Arugula tossed in a raspberry honey vinaigrette topped w/ walnuts, diced berry blend, and gorgonzola cheese crumbles

ADD ONS:

Chicken **5.00** Shrimp **6.00** Crabcake **8.50**

Steak Bites **8.00** Salmon Chunks **5.00**

Extra Parmesan or Gorgonzola Cheese **2.25**

• SEAFOOD •

CHOICE OF 2 SIDES OR

SIDE HARVEST OR CAESAR SALAD FOR ADDITIONAL 3.50

CRAB CAKES 1 16.95 OR 2 24.95

Made w/ crab and shrimp, breaded w/ Lays potato chips and topped w/ our zesty bistro sauce on the side, flavored w/ garlic, horseradish and dijon

SALMON 17.95

A generous half pound portion of fresh salmon filet. Available grilled or broiled

FRIED FLOUNDER 13.95

1 healthy piece of flounder fillets, seasoned and breaded in house and fried to golden brown, served on a bed of french fries w/ a side of cole slaw (available fried only)

FRIED SHRIMP 14.95

8 pieces of hand breaded shrimp in our house made seafood seasoning w/ cole slaw and french fries

KING NEPTUNE'S SEAFOOD FEAST 24.95

5 fried shrimp, 3 fried scallops, and healthy piece of fried flounder (or change 1 to crabcake for 5.00)

•BEEF, POULTRY, & PORK•

CHOICE OF 2 SIDES OR
SIDE HARVEST OR CAESAR SALAD FOR ADDITIONAL 3.50

PORK CHOP 16.95

Grilled 10 oz. french cut, bone-in pork chop w/ a sweet and savory chipotle rub

*PRIME RIB 19.95

10 oz. serving of our house roasted prime rib, seasoned w/ onion, garlic, and pepper. Cooked to order.

Make it **SURF & TURF:**

6 fried or sauteed shrimp 6.00

3 fried or sauteed scallops 7.50

Crabcake 8.50

SMOTHERED CHICKEN 14.95

Grilled and seasoned chicken breast, topped w/ sauteed onions and mushrooms. Topped w/ fresh mozzarella cheese and balsamic drizzle

•PASTA•

SERVED WITH BREAD STICK

"MRS. HENNESSEY'S"

SMOKED PENNE GOUDA 15.95

Inspired by our chef's mother, chunks of grilled chicken breast, sauteed w/ red and green peppers and red onions w/ generous portion of penne pasta, tossed in a smoked gouda cream sauce topped w/ bacon chunks and grated parmesan cheese

SHRIMP PESTO TORTELLINI 17.95

5 shrimp sauteed w/ tomatoes and red onions, tossed w/ cheese tortellini in a pesto sauce

VODKA PENNE 15.95

Our house made San Marzano tomato vodka and cream sauce tossed w/ fresh mozzarella and fresh basil

SHRIMP & SCALLOPS SCAMPI 24.95

5 shrimp and 3 scallops sauteed in our made to order scampi sauce served over spaghetti

•WRAPS•

ALL WRAPS SERVED ON A FLOUR TORTILLA
CHOICE OF 1 SIDE

SMOKE HOUSE WRAP 11.95

Smoked turkey, apple wood smoked bacon and smoked gouda, on a bed of chopped lettuce, red onions and tomatoes w/ a ranch dressing

GOLD BEEF WRAP 11.95

Our delicious prime rib, shaved cold on a bed of mixed greens, tomatoes, red onions and shaved parmesan cheese w/ our house made horsey sauce

CHICKEN PESTO WRAP 11.95

Our seasoned grilled chicken cubed w/ chopped bacon, red onions, tomatoes, on a bed of mixed greens w/ a pesto-mayo and shaved parmesan cheese

CHICKEN CAESAR WRAP 10.95

Grilled chicken, crisp romaine hearts, fresh tomatoes, parmesan cheese and caesar dressing

•SIDES•

WILD RICE

WAFFLE SWEET POTATO FRIES TOSSED
IN BROWN SUGAR & CINNAMON

FRESH GREEN STRING BEANS

HOUSE MADE COLE SLAW

FRENCH FRIES



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•BURGERS & SANDWICHES•

ALL 8 OZ. BURGERS & SANDWICHES ARE
SERVED ON A BRIOCHE ROLL W/ 1 SIDE

*BUILD A BURGER 9.95

Beef patty on a brioche roll w/ lettuce, tomato, red onions
Additional toppings:

Applewood Smoked Bacon 1.25

Cheddar Cheese 1.00

Swiss Cheese 1.00

Sauteed Onions .50

Sauteed Mushrooms .75

Additional Patty 5.00

*SURF BURGER 13.95

Mini signature Crab Cake set atop the burger w/ lettuce,
tomato, and red onion

*TRUCK STOP BURGER 13.95

Burger cooked to order topped w/ fried egg (served runny,
fried hard) w/ applewood bacon & cheddar cheese

*B.M.S. BURGER 12.95

Applewood Bacon, sauteed mushrooms & Swiss cheese
served over top a cooked to order burger w/ lettuce tomato
& red onion

FRIED CHICKEN SANDWICH 11.95

Seasoned & breaded chicken breast fried golden brown
then topped w/ lettuce, tomato & red onion

FRIED FLOUNDER SANDWICH 12.95

In house seasoned & breaded Flounder fried golden brown
then topped w/ lettuce, tomato & red onion

PRIME RIB SANDWICH 11.95

Thick slice of our slow roasted Prime Rib topped w/
sauteed mushrooms, onions, Swiss cheese, lettuce &
tomato

CRAB CAKE SANDWICH 14.95

Our signature crab cake made w/ jumbo lump crab meat
& shrimp breaded w/ Lays potato chips w/ bistro sauce,
lettuce, tomato & red onion

•DESSERTS•

GLUTEN FREE CHOCOLATE TORTE 7.95

Simple, timeless and elegant. When a knockout chocolate
punch is in a unassuming delivery, the flourless chocolate
torte is for you

FOUR HIGH CARROT CAKE 9.95

Four layers of dark moist carrot cake all studded w/ raisins,
walnuts and pineapple. Finished w/ smooth cream
cheese icing

BLUEBERRY COBBLER

WHITE CHOCOLATE CHEESECAKE 9.95

Vanilla bean cream cake, swirls of berry compote meets
creamy white chocolate cheesecake

SALTED CARAMEL

VANILLA CRUNCH CAKE 10.95

Buttery vanilla flecked w/ caramel cake, w/ layers of
creamy custard and a salted crunch layer

•DRINKS•

COKE
DIET COKE
SPRITE

GINGER ALE
LEMONADE
MR. PIBB

SWEET TEA
ICED TEA

PLANNING A CORPORATE EVENT, REUNION OR OTHER
CELEBRATION? WE DO SMALL BUFFET STYLE PARTIES.
CALL SALLY AT 757.491.1800 FOR DETAILS.

LIKE US ON FACEBOOK

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