



THE GARDEN CITY HOTEL

[www.redhotsspa.com](http://www.redhotsspa.com)

(516) 663-7600

# Facial Treatments

## **Ageless Facial**

80 Minutes - \$285

Cleansing, exfoliating and extractions are just the beginning... We include a choice of microdermabrasion, dermaplane or chemical peel along with skin specific masks, stem cell infusion and an oxygen blast to make skin appear smoother, plumper and more youthful. We bring this all the way down to the décolleté and include a warm hydrating hand treatment.

## **HydraFacial® MD**

30 Minutes - \$195

This patented technology uses hydra dermabrasion and vortex fusion to achieve plump, smooth, hydrated skin with immediate results and no downtime. Deep exfoliation, cleansing and hydration make this perfect for time sensitive and results driven clients.

## **Deluxe HydraFacial® MD**

50 Minutes - \$295-\$325

Upgrade from the basic HydraFacial to address skincare concerns like hyperpigmentation, texture, lines and wrinkles. Radiance booster for hyperpigmentation. Dermabuilder for lines and wrinkles. Growth Factor for tone and texture.

## **HydraFacial® PERK**

Perk Lip - \$60

Perk Eye - \$70

Restoresea Lip Elixir Treatment - \$80

## **PORE-fectionist Facial**

50 Minutes - \$165

This classic European facial brightens, nourishes, soothes and hydrates the skin. It includes a double cleanse, exfoliation, steam, extractions and customized masks to leave you bright and glowing.

## **The Porefaction Peel**

30 Minutes - \$175

This is our most aggressive skin perfecting peel. It treats dark spots, aging, and acne with a blend of acids to effectively treat a combination of concerns. This blend of advanced exfoliating and revitalizing ingredients rejuvenates and repairs moderate to severe acne, aging and pigmentation concerns. The perfect peel when you need results fast.

## **Valmont® Vitality of the Glaciers**

90 Minutes - \$395

Our most luxurious facial ritual. This complexion refresher is an oxygenating and detoxifying beauty booster. It stimulates skin vitality and cell renewal while it lifts, nourishes and sculpts. This beauty overhaul smooths wrinkles and quenches dehydrated skin. We incorporate the exclusive Valmont facial massage technique and skincare line.

# Upgrades and Add-ons

## **Valmont® Regenerating Mask**

\$125

This 99.9% pure collagen mask hydrates, repairs damaged skin, redefines facial contours, plumps the skin and speeds post procedure recovery.

## **Any Super Peel**

\$100

## **Oxygen Blast**

\$45

## **The 'Micro' Mini**

\$95

Two thorough microdermabrasion passes added to any facial. It lightly polishes the skin, creating a healthy glow.

## **Microcurrent NuFace**

\$65

Microcurrent sculpts and tones the muscles of the face to create contours and lift for immediately visible results.

## **Dermaplane**

\$95

This light removal of the top layer of skin eliminates dry or rough texture, minimizes acne scars, improves uneven skin tone, reduces fine lines, shrinks enlarged pores while eliminating unwanted facial hair.

## **CoolLifting**

15 minutes - \$165

Tighten, lift and unlock your skin's radiance and luminosity with the newest technology that combines a controlled carbon dioxide, hyaluronic acid, botanical and peptide blend delivering beautiful results with no pain or downtime.

## **Waxing**

<b>Lip / Chin</b> .....	<b>\$20</b>
<b>Brow Shape</b> .....	<b>\$40</b>
<b>Underarm</b> .....	<b>\$40</b>
<b>Half Arm</b> .....	<b>\$50</b>
<b>Full Arm</b> .....	<b>\$70</b>
<b>Half Leg</b> .....	<b>\$60</b>
<b>Full Leg</b> .....	<b>\$100</b>
<b>Back or Chest</b> .....	<b>\$75</b>
<b>Shoulders</b> .....	<b>\$25</b>
<b>Bikini / Brazilian</b> .....	<b>\$50 - \$85</b>

# Body Treatments

## Red Hots Signature Massage

50 Minutes - \$175 • 80 minutes - \$270

100 Minutes - \$330

A combination of all your favorites rolled into one. Swedish, hot stone, aromatherapy and deep tissue blended to create the perfect massage.

## Scrubbage

(Pronounced skru-bäj')

80 Minutes - \$275

TWO of our most popular treatments in ONE! We start with a warm salt/sugar scrub soufflé full body exfoliation. A hot shower will wash away all signs of dry skin and a 50 minute massage will make sure you are baby soft.

## Prenatal Massage

50 Minutes - \$175 • 80 minutes - \$270

100 Minutes - \$330

Congratulations! Our highly trained therapists will skillfully massage away stress, aches and pains to leave you relaxed and rejuvenated.

## Warm Exfoliating Soufflé

50 Minutes - \$150

It's the body basic that gives the kiss-off to the driest and scaliest of skins. We start with a luxurious warm salt scrub to remove all signs of dry skin. We finish with a luscious body butter moisturizing treatment that will leave you irresistibly soft.

\*Do not shave or wax on the same day.

## Luxe Body Melt & Wrap

50 Minutes - \$150

This luxurious journey begins with a stimulating and invigorating shea butter and avocado balm application that increases circulation and relieves stress. You are then cocooned while enjoying a soothing scalp or foot massage. You will leave with smooth intensely hydrated skin and a deep sense of relaxation.

\*Add detox complex to release impurities, support the immune system and fight inflammation. - \$25

## Infrared Heat Body Wrap

50 Minutes - \$150

Relax and detoxify in our favorite thermal wrap. Sweat out toxins, increase metabolism, soothe tired muscles with led lights and burn up to 1,400 calories per treatment.



# Upgrades and Add-ons

## **CBD Enhancement**

\$35

A crowd favorite! This CBD cream will ease joints and tension, relieve pain with lidocaine and relax the body for the ultimate stress reducing treatment.

## **M'lis Sore Muscle Soother**

\$35

Our anti-inflammatory gel will soothe your aches and pains due to inflammations, knots and strains.

## **Paraffin Wax Treatment**

\$35 - Hands or Feet

Indulge in this heat therapy to soften and soothe dry achy hands and feet.

## **Nourishing Scalp Massage**

\$40

(dry or with conditioning oil)

We massage a rare blend of powerful and exotic conditioning oils into the scalp. The result is an invigorated scalp and fewer bad hair days!

# A message about massage:



### **1. Speak Up!!!**

This is your massage and whatever you say goes. If you want more or less attention given to certain areas, give our therapists the heads-up before they begin .

### **2. All the RIGHT MOVES**

We offer a full body massage . This includes work on the inner/outer thighs, buttocks, chest and stomach. Your therapist may manually stretch you to improve flexibility and to help with stiffness, soreness, sciatica and the everyday aches and pains. If any of this makes you at all uncomfortable see #1.

**P.S.** You will be covered with a sheet and/or towel at all times so even the most modest knead apply.

**3. Post Massage:** Remember to hydrate. Some may experience a little soreness the day after a good massage, especially if you don't get massaged often. This is normal, so don't panic, as this will increase your stress level and isn't that why you came to us in the first place?

# Custom Airbrush Tanning

## Glow Baby, GLOW!

### The Ultimate Airbrush

50 Minutes - \$165

Making the love affair last is as easy as adding a pre-glow scrub. Your newly exfoliated, baby soft skin will develop a more even tan that lasts days longer & fades more evenly.

Add Face Exfoliation \$20

<b>Full Body</b> .....	<b>\$60</b>
<b>Upper / Lower Half Body</b> .....	<b>\$40</b>
<b>Sunkissed Face and Neck</b> .....	<b>\$20</b>

## The ABC's of Airbrushing

**A-** Always exfoliate right before your airbrush treatment. . . a good exfoliation can mean the difference between getting dark and having a to-die-for glow. Do it yourself or better yet, let our experts work their magic. Our skin techs are specially trained to scrub until your scaly, patchy and uneven skin is a thing of the past.

**B-** Wear dark, loose fitting clothing (tight jeans may absorb too much tanning solution and may cause streaks on the legs and waist). If you do get the bronzer on your clothing, don't panic, it will wash out of anything except silk, nylon, suede and leather.

**Note:** In the summertime, bring a beach towel along to protect your leather car seats.

**C-** We will provide you with disposable panties for your tanning session. If you do choose to wear your own undies or bathing suit, go for a dark colored cotton since they are less likely to be stained by the bronzer.

**D-** The color on your skin directly following an airbrush treatment is a 'cosmetic' bronzer and guide color that shows the technician that an area has been covered. Your true color is yet to come.

**E-** Stay dry! This means as little perspiring as possible. Wait 8 hours, or 2-4 for rapid, before showering. You will see the 'cosmetic' bronzer wash off with your first shower that is normal; your true color has already developed underneath.

**F-** To maintain, moisturize daily with our tan extender. As color starts to fade, exfoliate with Get Fresh moisturizing body salt/sugar scrub soufflé as necessary.

# Beauty Lounge

## Lash and Brow Bar

Brow Tint .....	\$40
Temporary Lashes .....	\$35
Lash Tint .....	\$45
Lash Lift .....	\$125
add tint .....	\$35

## Hair Lounge

Blow Out .....	\$55+
Haircut .....	\$85+
Updo .....	\$100+
Half Up .....	\$85+
Full head of curls/Beach waves/Dry style .....	\$60+
Bridal Hair Trial .....	\$175+
Bridal Hair Wedding Day .....	\$175-\$225
Kerastase Fusio Dose .....	\$35
Kerastase Scalp Scrub .....	\$25
Kerastase Hair Mask .....	\$45
Kerastase Shine Booster .....	\$25
Extensions .....	\$15 per clip
Braid .....	\$15 per braid

Prices may vary depending on length, thickness & texture

Includes consultation, customized Kerastase shampoo, conditioning and head massage

Flat iron / curling iron \$20 additional

## Makeup Studio

Makeup Application .....	\$125
Special Event Makeup .....	\$175



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