



TRAVEL LIKE A LOCAL



## Asheville, North Carolina

EXPLORE A FEW OF OUR FAVORITE ASHEVILLE DESTINATIONS

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If you've heard the phrase, "altitude affects attitude," and weren't sure of its validity, visit Asheville, North Carolina, where you'll find it to be fact. Once nestled in the city's lush mountains and its relaxed, open-minded atmosphere, your outlook on all things, big and small, is changed for the better.

Tucked into the Blue Ridge Mountains, abundant outdoor pursuits in and around Asheville make up a large part of its appeal. Like one of the myriad trails leading to breathtaking

views, out at fly into the south, sparkling current of a cold mountain stream in pursuit of a trophy trout, or simply roll down the windows and cruise the scenic Blue Ridge Parkway that runs along the edge of town.

Keep more to the indoors with an exploration of Asheville's lively art scene. Experience a diverse range of works—from folk art and quilts to fine art—in curated gallery spaces, in working studios, or with a simple look around Asheville's charming downtown, where vibrant public art brightens walls and other surfaces.



High floorings of The Wilburys (this page, clockwise) The water park at The Bluebird, interior of The Wilburys, a library level of The Wilburys, and the Wilburys.

Any of these activities will work up your appetite for the city's countless culinary delights, including those reflecting the mountain nation of Appalachian cuisine. And then there's the low (or much) of it to wash it all down. The number of breweries in the city has crossed 80, nicknamed, "Beer City USA."

Anchored by steaming scenery and a creative spirit, this mountain town's unique culture has long attracted those looking for an escape, including George Vanderbilt, who in 1905 was inspired to build the grand Biltmore Estate as a playground for his family and guests. Today, Asheville's options for fun and food beckon visitors alike. Whatever you go and whatever you decide to do, you'll leave with a discernible attitude and attitude adjustment. ☐



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(The page clockwise) Interior of Clavin, food at a pop-up at The Franklin Hotel, the Sun Park Brewery, and the Bluebird from Clavin.



40 | Awake

### STAY

#### The Foundry Hotel

With one of the oldest breweries in the city, this property holds onto the city's industrial history and welcomes each visitor from its heart, offering past-proven hospitality, while adding some beautiful and modern touches. Don't pass up the opportunity to relax in its lush patio, take in a game of bocce, or enjoy one local to the city. (Workday 10 am to 6 pm, 7 days a week, 365 days a year.)

#### Omni Grove Park Inn

A historic and luxurious mountain resort, Omni Grove Park Inn is a unique property for a mountain resort. The Omni Grove Park Inn is a historic and luxurious mountain resort. The Omni Grove Park Inn is a historic and luxurious mountain resort.

#### The Inn on Biltmore Estate

On the grounds of the magnificent Biltmore property, this property has earned a reputation for stellar service and luxurious amenities, making it a local favorite to visit on your next trip to the Inn.

### EAT + DRINK

#### Boston Hill Barbeque

Step back in time on a rustic North Carolina-style barbeque restaurant in the heart of Asheville, including whole pig pulled pork, chicken legs, and ribs, made every week to order under the sun.

#### Clavin

Clavin is a local Asheville bar and restaurant. Clavin is a local Asheville bar and restaurant. Clavin is a local Asheville bar and restaurant.

#### Summit on Eagle

Summit on Eagle is a local Asheville bar and restaurant. Summit on Eagle is a local Asheville bar and restaurant. Summit on Eagle is a local Asheville bar and restaurant.

#### White Duck Tavern Shop

The White Duck Tavern Shop is a local Asheville bar and restaurant. The White Duck Tavern Shop is a local Asheville bar and restaurant.

#### Veritas Diner

Veritas Diner is a local Asheville bar and restaurant. Veritas Diner is a local Asheville bar and restaurant. Veritas Diner is a local Asheville bar and restaurant.

#### Elle Rhone (Bottleling Company)

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#### Ginger's Beverage

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#### Breweries

Breweries in Asheville include Bluebird, Clavin, and others. Breweries in Asheville include Bluebird, Clavin, and others.

### EXPLORE

#### Biltmore Estate

The Biltmore Estate is a local Asheville bar and restaurant. The Biltmore Estate is a local Asheville bar and restaurant. The Biltmore Estate is a local Asheville bar and restaurant.

#### St. Pugh

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#### French Broad Chocolate Factory

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#### River Arts District

River Arts District is a local Asheville bar and restaurant. River Arts District is a local Asheville bar and restaurant. River Arts District is a local Asheville bar and restaurant.

#### East Park

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