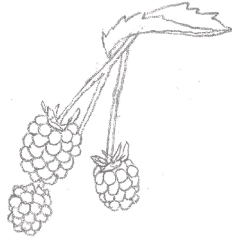




*The Dewberry*  
SPA

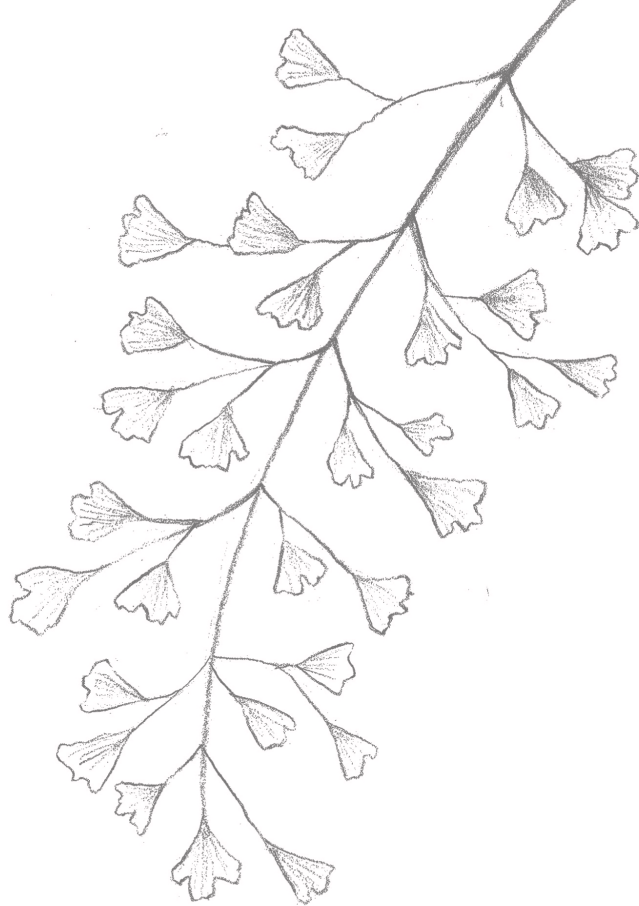


## SIGNATURE AND CUSTOMIZED SPA TREATMENTS

Drawing inspiration from elements of the Lowcountry, including the Southern native dewberry plant, we handcraft each signature treatment to include a luxurious blend of antioxidants, sea extracts and botanicals that nourish your mind, body and spirit.

Owner John Dewberry's own Charleston carriage house was the design inspiration behind The Dewberry Spa. Quiet luxury defines the space while cypress covered walls provide enveloping warmth. Immerse yourself in a deeply restorative experience through our signature treatments choreographed and curated by renowned spa expert Lydia Mondavi. Drawing inspiration from elements of the Lowcountry, including the southern native dewberry plant and sea extracts, we handcraft each signature treatment to include a luxurious blend of antioxidants and botanicals that nourish your mind, body and spirit. Your comfort and wellbeing are top priority at The Dewberry Spa.

Come replenish, relax and restore.



## FACIALS

### **THE DEWBERRY SIGNATURE FACIAL (60 MINUTES)**

Versatile and customizable for all skin types. This naturally healing skin replenishment is bountiful in botanicals and essential oils high in antioxidantizing properties to nourish and soothe the skin. Purify in our signature rice mask while enjoying a relaxing scalp and neck massage. Next our hydration mask deeply penetrates the skin's surface while you enjoy an acupuncture massage of your hands and feet. Leave with a glow that accompanies high-quality organics and blissful relaxation.

### **ATLANTIC OCEAN FACIAL (60 MINUTES)**

This deep pore cleansing facial is designed to enhance the skin's nutrients and detoxify. Enjoy a blend of calming essential oils that soothe irritation while balancing the skin's surface. A scalp massage, our signature lip treatment, and an acupuncture foot massage are part of this rejuvenating therapy. Perfect before or after your shave.

### **ANTI-AGING REVITALIZING FACIAL (90 MINUTES)**

Our revitalizing and replenishing facial is for all skin types, and particularly beneficial to mature, dry or dehydrated skin. We use combination of antioxidant algae complexes, pro-collagen extracts and a restorative blend of herbs and organics to hydrate and plump tired skin, reducing the appearance of fine lines. Fresh Atlantic seaweed leaves and essential oils promote a radiant glow, while a calming scalp massage and our signature lip treatment leave you truly entranced.

## M A S S A G E S

### **THE DEWBERRY SIGNATURE MESSAGE (90 MINUTES)**

From the soles of your feet to the crown of your head, this antioxidant massage offers the ultimate in relaxation. This signature treatment was designed exclusively for The Dewberry Spa and is the first of its kind to combine massage techniques with our signature blend of botanical extracts for your individual needs. The power of this treatment creates sensations of relaxation and wellness to deeply heal your mind and body, while soothing your soul and spirit.

### **DEEP TISSUE MESSAGE (60/90 MINUTES)**

The ultimate in detoxifying, this sports massage releases built up tension that can come from travel, exercise, or stress held in the body. Powerful antioxidants are infused into stretching and massage techniques to replenish sore limbs.

### **HOT RIVER STONE MESSAGE (90 MINUTES)**

Pure bliss! Warm essential oil-covered river stones glide over tired muscles releasing your mind, body and spirit. Warm leaves of Atlantic seaweed organically rich in vitamins are layered onto your body. Stones and seaweed are then used in tandem to release the powerful healing extracts while soothing muscles and drawing out tension. The ultimate combination for physical release and mental clarity.

### **REPLENISHING AND RELAXING MESSAGE**

#### **(60/90 MINUTES)**

This true relaxation massage incorporates invigorating dry brushing to promote circulation with full body massage using organic seaweed oil. The combination of exfoliation, stretching, body and scalp massage resemble the movements of ocean waves, perfectly combining gentleness and stimulation, to relieve stiffness and aches.

### **CUSTOMIZED MESSAGE (60/90 MINUTES)**

This comforting, beneficial and hydrating Swedish massage uses a blend of essential oils and massage cream combined with a gentle pressure massage to dissolve stress and tension. Ideal for those new to massage or those seeking a meditation in motion.

### **PRENATAL MESSAGE (60 MINUTES)**

Our gentle prenatal massage is specifically designed for the needs of expectant mothers. The body support system pillow allows for a relaxing massage on your stomach or on your side. Please consult with your physician prior to any spa treatments. Massage is not recommended during the first trimester.

### **COUPLES MESSAGE (60/90 MINUTES)**

Enjoy any combination of our healing massages as a pair in our couple's spa suite.



## BODY TREATMENTS

### **THE DEWBERRY CAROLINA COCOON (75 MINUTES)**

Wrap yourself in luxury with our signature blended mask of low country botanicals, herbs and rice, and enjoy a serene scalp and neck treatment. This transformative treatment will leave your mind, body and spirit soothed and restored, while replenishing your skin to a satin silky finish. This treatment is perfect for all skin types, including sensitive.

### **CALMING LAVENDER SUGAR SCRUB (60 MINUTES)**

Gently exfoliate with our beautiful blend of organic seaweed, lavender buds and sugar to invigorate, renew and nourish your skin. Relax and free yourself with a light relaxing massage that hydrates your skin and melts tired muscles. Ideal for the frequent traveler, during seasonal shifts or during bouts of sluggishness.

### **DETOXIFYING SEAWEED LEAF WRAP (90 MINUTES)**

Inspired by the sea, fresh leaves of Atlantic seaweed cocoon the body to deeply detoxify, moisturize, and soften. A gentle dry brushing exfoliation revitalizes your skin and increases circulation, while antioxidants, minerals, vitamins and amino acids envelope you for the supreme detoxifying skin treatment. This treatment is deeply purifying and highly detoxifying. Please hydrate before and after your service.

## LUXURY ADDITIONS

### **RAPID RENEWAL EYE TREATMENT**

*Can be added onto any facial.*

The ultimate firming and de-puffing treatment for rejuvenating tired eyes. This decongesting lymphatic treatment is designed with our specialized formula rich in seaweed extracts, green tea and Vitamin C. Natural caffeine and skin brighteners work to diminish the signs of aging and puffiness around the eye area. Enjoy a scalp massage while our powerful seaweed leaf eye compress penetrates the skin's surface. The perfect complement to any facial.

### **ANTI-ACNE FACIAL TREATMENT**

*Can be added onto any facial.*

Pamper skin that needs extra attention in times of stress or imbalance with this pore minimizing mask. Protect the skin from environmental toxins while adding vitality and life to your skin's appearance; this addition will leave you calm and radiant.

### **ANTI-WRINKLE NECK AND DÉCOLLETÉ TREATMENT**

*Can be added onto any facial.*

This radiance boosting and anti-sagging treatment will brighten and whiten your neck and décolleté, leaving the skin lifted and more youthful. Our handcrafted blend of antioxidant herbs and botanicals are ideal for combating hyperpigmentation, wrinkles and sun-damaged skin.

### **EXFOLIATING DEEP PORE CLEANSING BACK TREATMENT**

*Can be added onto any facial.*

Utilizing powerful antioxidant based exfoliation, this treatment protects the skin from free radical damage caused by environmental toxins and removes dead skin cells while deeply cleaning out the pores.

### **SATIN SMOOTH HYDRATING HAND TREATMENT**

*Can be added onto any facial, massage or body treatment.*

Fully surrender as your arms are enveloped in warm terry infused with our signature antioxidant tea to refresh and cleanse. A gentle moisturizing scrub exfoliates and softens while our nutrient rich milk mask calms, hydrates and heals. Finish with a gentle massage and leave with softer, smoother hands and arms.

### **RELAX AND REJUVENATE YOUR LEGS AND FEET**

*Can be added onto any facial, massage or body treatment.*

Revitalize your skin with this deluxe treatment beginning with our sea salt exfoliation and followed by a deeply relaxing lymphatic drainage massage of your lower legs. A double-action seaweed foot mask with fresh seaweed reduces swelling and softens tired legs and feet. An excellent treatment for the jet setter.



## HAIR AND SCALP TREATMENTS

*We recommend you enjoy the relaxation room, allowing the infused treatment to soak deeper into your hair and scalp for further treatment benefits.*

*Treatments are beneficial for all hair types including color treated hair.*

### RESTORING AND HYDRATING (40 MINUTES)

Warm oils enriched with botanicals, vitamins, rosemary, jojoba, vitamin E, aloe vera and protein rich conditioner are massaged into your scalp to balance and restore your hair's vitality and shine. A neck and shoulder massage are incorporated while the mask seeps in for deep conditioning and rebalancing.

### STIMULATING AND REPAIRING (40 MINUTES)

Bursting with nutrients and antioxidants, the growth serum used in this hair ritual renews and further protects your dry and dehydrated hair and scalp. Invigorating scalp massage stimulates your roots for thicker and more vibrant looking hair that is silky to the touch and lastingly protected.

## WAXING

*May be added onto any spa treatment or booked individually.*

- Lip
- Chin
- Brow
- Face
- Underarm
- Half Arm
- Full Arm
- Half Leg
- Full Leg
- Basic Bikini
- Brazilian
- Stomach
- Chest
- Back
- Nose
- Ears
- Toes

## TINTING

- Eyelash Tint
- Eyebrow Tint

## NAIL CARE TREATMENTS

### THE DEWBERRY SIGNATURE MANICURE & PEDICURE

Sit back and relax with a cup of our signature Dewberry Tea while your hands and feet are enveloped in rose and berry extract and antioxidant infused terry to refresh, cool and cleanse. A gentle, moisturizing scrub exfoliates and softens your skin. Your hands and feet are pampered with a calming massage and creamy milk mask, then wrapped in herbal mitts. Perfectly prepped cuticles and nails await your favorite polish.

### ANTI-AGING DELUXE MANICURE

This radiance boosting treatment replenishes dehydrated skin while diminishing the appearance of fine lines, wrinkles, age spots and sun damage. Beautifully hydrated hands are now ready for your favorite polish.

### NOURISHING, HYDRATING AND CIRCULATORY MANICURE

While reconditioning and refining your hands and arms, enjoy our stimulating exfoliation followed by a deeply relaxing massage of your hands and arms. Atlantic seaweed leaves hydrate, increase circulation and nourish dry skin. Excellent for arthritis, carpal tunnel syndrome, over exerted and tired hands and arms. Followed by cuticle care and your favorite polish.

### TIRED AND RESTLESS LEGS PEDICURE

This soothing, reviving therapy begins with a gentle sea salt exfoliation from your knees to your feet. Tension is released through myofascial massage and lymphatic drainage of the lower legs and feet. A double-action seaweed mask and fresh Atlantic seaweed leaves wrap around your legs to reduce swelling, hydrate and soften. This is an ideal treatment during pregnancy or during times of frequent travel. Followed by cuticle care and your favorite polish.

### ADDITIONAL SERVICES AVAILABLE

- French or American Manicure
- French or American Pedicure
- Gel Manicure
- Gel Pedicure
- Gel Removal





## SPA PACKAGES

### THE DEWBERRY SIGNATURE DELUXE SPA DAY

Indulge in The Dewberry Signature Massage and The Dewberry Signature Facial.

Choose one of the following to complete your day of bliss:

- The Dewberry Signature Manicure and Pedicure
- The Hydrating and Restoring Hair and Scalp Treatment
- The Repairing and Stimulating Hair and Scalp Treatment

### HALF DAY AT THE DEWBERRY

Your choice of two of the following treatments:

- Calming Lavender Sugar Scrub
- The Dewberry Signature Massage
- The Dewberry Signature Manicure and Pedicure
- The Dewberry Signature Facial

### DE-STRESS AT THE DEWBERRY FOR TWO

The Dewberry Signature Facial and The Dewberry Signature Massage for two in the relaxation spa suite, perfect for couples, friends, bride, and family.

### SPA WEDDING PACKAGES

The Dewberry Spa Wedding packages are customizable for the entire wedding party. Please ask your Spa Concierge for further details.

### THE DEWBERRY BRIDE

Ultimate day of bliss and relaxation before your big day!

- The Dewberry Signature Facial
- The Dewberry Signature Massage
- The Dewberry Signature Manicure and Pedicure

## THE DEWBERRY SPA PRICE LIST

### FACIALS

- The Dewberry Signature Facial — 60 minutes — \$165
- Atlantic Ocean Facial — 60 minutes — \$185
- Anti-Aging Revitalizing Facial — 90 minutes — \$250

### MASSAGES

- The Dewberry Signature Massage — 90 minutes — \$215
- Deep Tissue Massage — 60 | 90 minutes — \$165 | \$225
- Hot River Stone Massage — 90 minutes — \$255
- Replenishing & Relaxing Massage — 60 | 90 minutes — \$175 | \$260
- Customized Massage — 60 | 90 minutes — \$155 | \$215
- Prenatal Massage — 60 minutes — \$155
- Couples Massage — 60 | 90 minutes — Based on pricing above

### BODY TREATMENTS

- The Dewberry Carolina Cocoon — 75 minutes — \$190
- Calming Lavender Sugar Scrub — 60 minutes — \$170
- Detoxifying Seaweed Leaf Wrap — 90 minutes — \$220

### LUXURY ADDITIONS

- Rapid Renewal Eye Treatment — \$65
- Anti-Acne Facial Treatment — \$45
- Anti-Wrinkle Neck and Décolleté Treatment — \$45
- Exfoliating Deep Pore Cleansing Back Treatment — \$65
- Satin Smooth Hydrating Hand Treatment — \$65
- Relax and Rejuvenate your Legs and Feet — \$65

### TINTING

- Eyelash Tint — \$45
- Eyebrow Tint — \$45

### WAXING

- Lip — \$25
- Face — \$65
- Full Arm — \$50
- Basic Bikini — \$50
- Chest — \$50
- Ears — \$25
- Chin — \$25
- Underarm — \$45
- Half Leg — \$60
- Brazilian — \$75
- Back — \$80
- Toes — \$25

### HAIR AND SCALP TREATMENTS

- Restoring and Hydrating — 40 minutes — \$100
- Stimulating and Repairing — 40 minutes — \$100

### NAIL CARE TREATMENTS

- The Dewberry Signature Manicure — \$45
- The Dewberry Signature Pedicure — \$60
- Anti-Aging Deluxe Manicure — \$65
- Nourishing, Hydrating and Circulatory Manicure — \$70
- Tired and Restless Legs Pedicure — \$85
- French or American Manicure — \$60
- French or American Pedicure — \$75
- Gel Manicure — \$65
- Gel Pedicure — \$75
- Gel Removal — \$20

### SPA PACKAGES

- The Dewberry Signature Deluxe Spa Day — Starting at \$480
- Half Day at The Dewberry — Starting at \$275
- De-Stress at The Dewberry for Two — \$760
- The Dewberry Bride — \$485



## SPA INFORMATION

### LOCATION

The Dewberry Spa is located on the 2nd floor of the hotel immediately as you step off of the elevator. Guests can valet their cars at our Charlotte Street entrance.

### SPA ARRIVAL

We encourage you to arrive 20 minutes prior to your appointment. We invite you to enjoy exclusive access to our dressing rooms and relaxation room. Robes, towels, sandals, hair dryers and shower necessities are provided for your use during your visit. An arrival time of 5 minutes prior to nail services is sufficient.

### SPA COMFORT

If you need assistance with anything during your spa experience, please communicate with your therapist or Spa Concierge. We encourage you to dress down to your comfort level so that you can fully enjoy your services. We offer disposable undergarments, if you would like them, to wear throughout your services. Please note that undressing completely is encouraged for all body treatments for the protection of your garments.

### SPA CONSIDERATIONS

The Dewberry Spa environment is one of relaxation and centering. To preserve our tranquil environment, we ask that you maintain a quiet voice throughout your visit. The Dewberry Spa is a cell phone and smoking free environment. We ask that you respect the spa atmosphere and fully immerse yourself in the spa experience.

### THERAPISTS

If you have a preference for a male or female therapist, please let us know upon booking. Flexibility to receive spa treatments from any of our qualified therapists will allow for more timing and service options. Our staff is professionally trained in proper draping to ensure modesty and comfort throughout your treatment.

### HEALTH CONDITIONS

Please advise upon booking appointments of any health conditions, pregnancy, allergies, or injuries that might affect your treatment or use of amenities.

### AGE REQUIREMENT

Young adults over the age of 16 are welcome to participate in select spa treatments. Those over the age of 14 may join us for nail services.

### LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage to personal articles and valuables during your visit to The Dewberry Spa. We encourage you to leave jewelry or other valuables in your guest room safe.

### LATE ARRIVAL

Please notify the Spa Concierge as soon as possible if you know you will be arriving late. Late arrivals will result in abbreviated service, as to not impact our other guest's spa experience.

### CANCELLATION POLICY

If you need to cancel or reschedule an appointment, please notify a Spa Concierge by 6:00 PM the evening prior to your appointment. Same day cancellations will result in a fee.

### GRATUITIES

There is no gratuity or service charge added to your cost of service. Gratuities can be left at your discretion; if you choose to leave a gratuity for your therapist, you may do so at departure. As a helpful guideline, the industry standard for service gratuity is 20% of the service price.



*The Dewberry*  
SPA

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[THEDEWBERRYCHARLESTON.COM/SPA](http://THEDEWBERRYCHARLESTON.COM/SPA)