

Menu served 11am – 5pm

Small Plates

FRIED MOZZARELLA WITH RASPBERRY MELBA \$8

Breaded and deep fried Ciliegine mozzarella served with a raspberry melba dipping sauce.

PRETZELS AND CHEESE SAUCE \$8

Bavarian pretzel sticks with **Good Nature American** brown ale and **Lively Run** aged cheddar cheese sauce.

HUMMUS AND VEGETABLE CRUDITE \$8

House-made hummus with herb infused olive oil served with pita points and raw vegetable crudité.

TAVERN CHICKEN WINGS \$12

10 chicken wings with hot, medium, mild, BBQ or spicy plum sauce served with ranch or blue cheese dressing.

Soup and Salad

SOUP DU JOUR \$4 / \$6

Chef select soup of the day.

FRENCH ONION GRATINÉE \$6

Onion soup with gruyere cheese and gold brown puff pastry crust.

HOUSE SALAD \$9

Mixed field green salad topped with cucumbers, tomatoes, bell peppers, and carrot gaufrettes with choice of Italian, ranch, raspberry vinaigrette, or balsamic dressing. V+, GF

HARVEST KALE SALAD \$10

Hearty kale tossed with blueberries, mandarin oranges, onions, almonds, carrots, dried cranberries and sweet rice wine vinaigrette. V+, GF

COLGATE COBB SALAD \$13

Grilled hearts of romaine, sweet corn, grilled chicken breast, bacon, hard-boiled egg, **Lively Run** Cayuga blue cheese and parmesan peppercorn dressing. GF

CAESAR SALAD \$9

Crisp hearts of romaine, topped with garlic croutons, pecorino romano, lemon and house-made Caesar dressing. V

Add to any salad: chicken **\$6** Add salmon or shrimp **\$8**



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Sandwiches

SOUP DU JOUR AND HALF SANDWICH \$11

Choice of roast beef, ham, or turkey served on choice of white, wheat or rye bread.

BLT \$11

Applewood smoked bacon, fresh lettuce, and sliced tomatoes served on choice of white, wheat or rye bread.

REUBEN \$12

House roasted corned beef with gruyere cheese, sauerkraut and Russian dressing on marble rye.

CHICKEN SALAD SANDWICH \$13

Seasoned chicken, apples, cranberries, shallots, and celery on a croissant served with seasonal fruit medley.

TAVERN BURGER \$13

Ground brisket beef patty, lettuce, tomato and onion on a brioche bun. Choice of cheddar, swiss or provolone cheese. Served with shoestring fries.

THE SWEETLAND BURGER \$15

All beef patty, pepper crusted bacon, fried shallots, pickled onions, cheddar cheese and Cara's Signature Sauce on a brioche bun. Served with shoestring fries.

CALIFORNIA AVOCADO CHICKEN PANINI \$14

Grilled chicken, tomatoes, baby spinach, avocado, feta, and lemon aioli served with Arcadian Greens Salad.