



Happenings



AVEDA Spa Specials

*Please call the spa
at extension 5460
for last-minute specials
and monthly promotions!*

*7 days per week
9:00am - 8:00pm
in the lower lobby*

*Free AVEDA product
sample with your service*

Wellness Offerings

Yoga

*Tuesdays 7:00am Beachside
Thursdays 5:00pm Beachside
Sundays 10:00am Tiki*

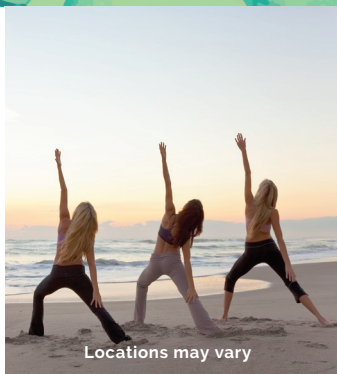
Zumba

Wednesdays 5:00pm Tiki

Aqua Zumba

Saturdays 9:00am Pool

Summer evening classes 5:30pm



Locations may vary



Beach Clean-Up

*Quarterly clean-ups to make
this world a cleaner place*

*Saturday, January 11th
Saturday, April 18th
Saturday, September 19th
Saturday, November 14th*

*9:00am - 12:00pm
Meet on the beach
behind the hotel*



Happy Hour

*Sundays - Thursdays
5:00 - 7:00pm*

at Essensia Lounge

\$10 Essential Cocktails

\$8 Classic Cocktails

\$7 Featured Wines

\$5 Featured Beers

\$7 and \$10 Bites

Half Off Wine

*Wednesdays
7:00pm - close*

*at Essensia Restaurant
and Lounge*

*Select wines by the glass
and by the bottle at
50% off regular price*



Latin Soul

*Thursdays
7:00 - 10:00pm*

at Essensia Lounge

*Live Latin Music and
Latin Inspired Cocktails
at \$7*

Speakeasy

*Fridays
6:00pm - close*

*at Essensia Restaurant
and Lounge*

*Select Gin and
Whiskey cocktails
at 50% off regular price*

