



LA

TRAVEL

Inspiring Angelenos to Travel Near and Far

QUERENCIA:

*Mexico's New Private
Golf Club & Residential
Community*

WOMEN TO WATCH

Joy Lenz

**ASHLAN & PHILIPPE
COUSTEAU**

*Exploring the world together
one dive at a time*

This Season's Hottest Getaways: Isle of Wight, London, Lausanne, Mallorca & Spokane


ASHLAN & PHILIPPE

Photography by Emilynn Rose

He is an Emmy-nominated TV host, author, speaker and social entrepreneur. She is a red carpet host and special correspondent, speaker and environmentalist. Together they are living their most adventurous life, by diving head first (literally) into their second season as the hosts for the Travel Channel's hit show Caribbean Pirate Treasure.

When they get time off from the show you can find them at The Cheese Store of Beverly Hills; it's their rescue dog Kenai's favorite, hanging around West Hollywood or grabbing a slice at Pizzeria Mozza.

Even though they spend a lot of time traveling with the show they are yearning for even more adventure and hope to explore the Mosquito Coast of Honduras and Nicaragua very soon. We sat down with the dauntless couple to see just how they manage to travel and work together, find out their craziest experience while shooting and hear more about how their non-profit EarthEco came to fruition.



"From the incredible success of EarthEcho International to multiple Emmy nominations and our show being a hit, we have been so lucky to accomplish so much. But the fact that we get to explore the world, make it a better place, and do it together, well that is our dream come true." -Philippe Cousteau

HIS & HER LOOK:
Photography by Emilyynn Rose
Location: The Chamberlain West Hollywood
Her Look: Krie
His Look: Lena Kasparian
Styled by: Horacio Aguilar
Hair: Tiffany Loe
MUA: Sheila Harris

"We have so many projects that we are working on from sustainable building in the hotel and resort space, continuing to reach new platforms with EarthEcho (we are expanding into Australia) to books and even more television series. Philippe's father and Philippe Sr. had a vision: a world where every single child can breathe fresh air, drink clean water, and walk on green grass under a blue sky. And we wake up every day trying to fulfill and fight for just that."
-Ashlan Cousteau





HER LOOK:
Photography: Emilynn
Rose
Location: The
Chamberlain West
Hollywood
Her Look: Line + Dot
Styled by: Horacio
Aguilar
Hair: Tiffany Loe
MUA: Sheila Harris

LATM: *Tell us about the show, how has it impacted how you travel together? Are you opposites attract or do you travel in unison?*

A&P: We made sure we traveled well together very early in our relationship. It's so important to have a good travel partner if you love adventure. Our advice to couples is always make sure you go on a crazy trip together, outside of your comfort zone, like camping or a road trip. That's when something always goes wrong and true personalities come out under pressure. If you can get through a hard trip together, you can get through life.

LATM: *Tell us your best or worst (the crazier the better) travel experience/memory while shooting Caribbean Pirate Treasure.*

A&P: We filmed episodes in Ecuador and Peru back to back in season two, so the producers and crew decided to take a bus one place to the other. On the maps it looked like it was going to be a 6-hour drive. But due to a giant line at the border, a closed highway, and our bus only being able to go 35mph on the back roads, the trip ended up taking almost 18 hours. Yes, you heard that right! 18 hours on a bus with 12 people, no wifi or cell coverage, and it was overrun with cockroaches. But what could have been a giant nightmare, turned into a 4-hour sing along, a beer break, and a Jet Lee movie in Spanish (courtesy of the bus driver). There was no point in being mad, so we just made lemonade out of the lemons...and tried to keep the roaches away.

LATM: *What are your favorite spots to hit up in LA when you're not working? When friends and family come to visit where do you take them?*

A&P: Easy. The Cheese Store of Beverly Hills. It is by far our favorite store in all of LA! We know everyone by name and they love our dog, Kenai, who is obsessed with cheese. And we always take people to Pizzeria Mozza and order Nancy's Chopped Salad and a Bianca Pizza. Best pizza in the USA.

LATM: *Where is one country or culture you would like to explore or learn more about?*

A&P: We really want to go explore the Mosquito Coast, of Honduras and Nicaragua. It is an area so rich in culture, history and lore.

LATM: *What are your go to travel items you must have on a trip?*

A&P: Mineral Sunscreen (chemical-based formulas kill our coral reefs), peanut butter packets, sunglasses, wool socks, loose leaf tea, a small container of good honey, a scarf and a little container of apple cider vinegar (it eases heartburn, makes a great salad dressing and it will knock out a sore throat if you gargle with it).

LATM: *Where is your ideal destination for a local weekend getaway?*

A&P: Carmel by the Sea. It's a tiny town near Monterey, CA surrounded by cute vineyards, and it's super dog friendly. A perfect little escape!

LATM: *Tell our readers why you started Earth Echo and what you hope to achieve with the organization. Why is it so important to you?*

HIS & HER LOOK:

Location: The
Chamberlain West
Hollywood
Her Look: Chéri & Co.
His Look: Lena
Kasparian
Styled by: Horacio
Aguilar
Hair: Tiffany Loe
MUA: Sheila Harris



PC: I founded EarthEcho International inspired by my father and grandfather's legacy. They recognized that in order to build an audience of people who care about the environment, we must start with young people. Indeed, my grandfather once said, "Before we can talk about the environment, we must talk about education." EarthEcho's mission is to inspire young people worldwide to act now for a sustainable future because we firmly believe that they are the key to that future. Our programs are developed for and by youth and the educators and community leaders that support them. All of our resources are designed to equip new generations of trailblazers and problem solvers to identify and tackle environmental challenges in their own communities and beyond. One of the greatest joys of my life is meeting young people who are doing incredible things, from passing laws, starting social movements, raising funds...you name it. Our work with youth is what gives us hope every day to keep going out there and working for a better world.

LATM: *When you have time off from the show, where do you like to escape to?*

A&P: Honestly, we love to stay home. We are on the road more than half the year with work, so when we have time off, we hang around West Hollywood. We love to cook at home and go to the beach with our dog. And we try and go to France once a year. Anywhere in France will do.

LATM: *Any tips you have learned over the course of the show that may help our readers find a treasure of their own?*

A&P: The two things you need on your side for finding treasure are patience and luck! Even the best equipment like metal detectors and lidar will only get you so far. It's really putting in the research to narrow down the search area and taking the time to really look. Though the best time to comb a beach is right after a storm.



HER LOOK:

Location: Chamberlain,
West Hollywood
Her Look: Patty Ang
Styled by: Horacio
Aguilar
Hair: Tiffany Loe
MUA: Sheila Harris

Joy Lenz

Photography: Emilynn Rose

Singer, Songwriter, Actress and most importantly Mother, is there anything this girl can't do? Most well known for her infamous role on *One Tree Hill* as Hayley James Scott, there is way more to Joy Lenz than meets the eye. For one it can be a challenge to get her to be serious and sit still for a moment which is what we found so endearing about her and two she is certainly a girl who knows what she wants. Not only did she have all of us laughing nonstop during our time together but she kept us entertained throughout the entire day, one could never call her boring that is for sure!

From her crazy adventures in Paris, why Santa Anita is a place everyone should visit and a complete itinerary for the perfect night out in LA.

LATM: What does your vacation style look like?

JL: I like to explore, but mostly I like having conversations with people from another culture. To me, the sights are wonderful, but sharing a cup of coffee or glass of wine with a local is my favorite. That being said, I can't really "sit and relax" on a beach or in a room for longer than like three hours. I need to climb something or find a secret passageway or get dirty somehow.

LATM: Tell us your best or worst (the crazier the better) travel experience/memory.

JL: I've never had great luck in Paris. My first trip there I was 17 and alone. My hotel room in Montmartre had dirty sheets upon arrival and when I asked for new sheets I was told Housekeeping had gone home so, "Désolé". After I pressed the issue the clerk finally (but begrudgingly) got me clean sheets from a cupboard, but the next day I came back and my room & suitcases were ransacked. The following day I saw something very disturbing involving a child under the Seine but there was nothing I could do. It was all really horrible so I left Paris early. The next time I went, a little about 15 years later, I got stalked by someone. Then I was assaulted by a cafe owner who thought I didn't pay my bill. I did pay, he just charged me for more than I ordered and I didn't pay for what I didn't order. He followed us out of the cafe, screaming, then hit me while I was holding my then three year old daughter and (i think accidentally) clocked her too, ripped my purse off of me. I was trying to fight him off and I was yelling for help, and there were literally fifteen people standing on the street just

watching a woman and her child get assaulted by this huge man and not one person did anything. Not one. I finally got my purse away from him and I ran with my daughter to the closest open shop- a little lingerie shop. I called the police from there and spent four hours with them being interrogated about what exactly I DID order for breakfast and identifying the man (who went without consequence beyond a scolding at the station). After it was all over, the police, who also gave me nothing more than "désolé", admitted they were fans and asked if they could take a photo with me, which was really just the icing on the cake. The cherry on top was getting screamed at later the same day by another male cafe owner who didn't like that I ordered take out from his restaurant, but then sat outside to eat it on his empty patio with my child. There were hotel issues on that trip too, but it's all just to say-- Paris and I don't get on very well. I go for conventions for OTH on occasion, and those people, the staff and fans are always lovely, but I bounce out as soon as it's over. London is more my speed.

LATM: Where are your favorite spots to hit up in LA when you're not working? When friends and family come to visit where do you take them?

JL: I frequent the theatre... The Geffen, The Pantages, The Garry Marshall Theatre (The Falcon), The Mark Taper, Circle Group, I love and miss the stage. There's always a great show somewhere. My daughter and I enjoy Huntington Gardens and have a membership there. I also think the Santa Anita racetrack is so underrated and is a ball to go have a nice lunch on the track. I've thrown a few parties there and everyone is always surprised at what a great

time they have. Pickwick Ice rink has open skate throughout the week to beat the heat and it's really fun. On an evening for cocktails, I like No Vacancy in Hollywood. They have a secret kitschy entrance behind a pizza shop that's really fun to bring visitors through and the "China Doll" cocktail there is dangerous.

While I'm in Hollywood, I also like to stop at the Hotel Cafe and see who is playing. I've discovered some wonderful musicians by just popping my head in to see what was happening. Pace in the Canyon for dinner is my go-to. The atmosphere and food are always fantastic and the wine is outstanding. It feels like I'm there for family dinner every time I walk in the door and get a kiss from the manager, Che.

If you want to get off the tourist path, get into the Valley and hit up my favorite hole-in-the-wall La Taverna Cubana between Chandler & Burbank on Laurel Canyon Blvd. The garlic shrimp, order plantains and black beans are a must. Afterward, try an escape room at Hollywood Escape House (do the Woman in the Attic) or The Room-LIVE. It'll take you an hour and it's so fun. Then unwind with a glass of wine at Augustine Wine Bar in Sherman Oaks. They have five to seven pre-1980s vintage bottles open for by-the-glass pours nightly and delicious bites if you're still hungry. Once you're feeling loose, uber over to The Brickyard pub for a cocktail and a game of pool (The Thirsty Merchant also has a pool table), then The Federal if you still feel the need to keep going. The next morning, go to Ventura Blvd for breakfast at either Sweet Butter or Natas Pastries (try the egg white, ricotta and date omelet at Natas- trust me).

If you want to vintage shop, Magnolia Village is my favorite. The prices are SO much better than anywhere in WeHo and the selection is nicely curated. My favorites are Playclothes and Sloan Vintage. While you're there, get lunch (and gelato) at Pinocchios or Romancing the Bean and eat in, or, take it to go and have a picnic at the Burbank Equestrian Center. I bring my own rosé, but shhh, don't tell :)

****Bonus,** THE SIX restaurant in Studio City has killer upscale soul food, they run old movies on their patio and they have the best banana cream pie you've EVER tasted. I don't even like banana cream pie, but that dessert is insane.

LATM: *What was the most memorable achievement over the course of your career?*

JL: The 30-city bus and truck tour I did with Gavin DeGraw and Michelle Branch was a pretty amazing chunk of time. I'm thrilled to have been a part of a television show (One Tree Hill) that meant so much to so many people while we were all growing up. That's the kind of thing that comes along once in the bluest moon and I'm glad to have been able to give teenage girls everywhere a pretty solid role model, thanks in no small part to our writers. I've had a lot of cool moments where I just thought "Thank you God for trusting me to stand in this position" or "see this dream come true".

LATM: *Where is one country or culture you would like to explore or learn more about?*

JL: I've had the good fortune to travel a lot in my life, and I'm still pretty young. So, I've seen a lot of cool places. My interests in travel are headed more toward relief work. At some point, once you've seen a tropical beach or a cobblestone European street, you've seen them all. I want to use my travel time now to help with crisis situations. Now that my daughter is getting old enough for me to be away from her for longer stretches, I'm looking forward to making that part of my future travel routine.

LATM: *What are your go-to travel items you must have on a trip?*

JL: Avène sunblock 50+. I have this pair of bronze, transparent JLo edition headphones.



They're big fat ones, bigger than my face, and I love them. I need an eye mask and my alpaca socks that I bought from an Alpaca farm in New Jersey. And my hair needs Shu Umera's hair oil and my SilkeLondon sleepwrap. All my curls need to bounce into a nice wave. I typically pack 5-10 variations of the same outfit, depending on how long the trip is. This means a few HANES x KARLA crop tees, some high waisted jeans from Madewell or JBrand, some simple gold jewelry, too many shoes, and four jackets. I also bring a stain-erase stick in for the inevitable mess I'll make on my white shirts. For my skin, I've just been given a sneak peek at a line called "Element Eight" which will be on shelves at Barneys in November. It was created by spinal surgeons at Cedars who were seeing incredible healing speed with their patients after using a cream they invented for surgery, and they've modified it for skincare. I've been using it for about three months and I love how my skin looks. So that's been in my bag non-stop, everywhere I've gone lately.

LATM: *Where is your ideal destination for a local weekend getaway?*

JL: An Airbnb on the Venice Beach canal sounds just fine to me. Waking up with that peace...lovely. And who doesn't want brunch reservations at Gjelina?

LATM: *From singing to a successful acting career, did you always envision this would be where you would end up?*

JL: I did always know I'd be a storyteller. I grew up in musical theatre so I assumed THAT's where I would end up. And though I've had a couple of Broadway opportunities, the timing didn't work out-- or maybe I made the choice to not work it out from a fear of failure or something. But I do miss it, and I hope that is still in the cards for me someday. Right now I'm in a funny place where my career is shifting into something else-- something I'm not even sure of how it looks or is supposed to look. I'm writing a lot, I'm directing, I'm pitching. I still love acting, but I'm growing less interested in playing the go-to "girl-next-door". I want to do things that challenge me physically and mentally. I need to shave my head or do something super dark or play Tammy Faye Bakker, Marilyn or something, ha! The character actor in me has been starving for a long time, and I can't wait for the opportunity to feed her. Either way, show business is, for better or worse, home.

LATM: *If you and your daughter could take a vacation anywhere in the world, where would it be and what would you want to experience with her firsthand?*

JL: Maria loves to travel and she's seen a lot already at her young age, which is such an incredible gift. I haven't taken her to London at Christmas yet. That is so magical, I'd love to show it to her at this age, while everything is still so full of wonder. Ha. Well, let's hope that wonder never really goes away, right?

LATM: *What are your next big goals for 2018?*

JL: I've been working closely with the anthropologist for the Mattaponi Tribe for the last two years as I've written a dramatic musical for the stage based on the tribal history of Pocahontas. My co-composer, Jerod Tate, and I are getting close to a completed piano-vocal score, so I'd like to have a 29 hour reading of that completed by Dec 31st. I also co-created two TV shows and a film franchise that are in development with a couple of studios right now, and I'd like to see those come to life. Keep my house clean, raise my kid right, kick ass in a significant part on a great show, write another screenplay, get more massages, stop getting in my own way, exercise more, sing more, work hard, play hard, you know. Just keep taking bites out of life!