

HEALTH & SAFETY UPDATE

As we continue to closely monitor the impact of COVID-19, we remain confident in our ability to keep you safe at Cal-a-Vie Health Spa. We value your health and wellness and are more committed than ever to providing the highest degree of transparency during your stay.

Cal-a-Vie will continue to adapt our policies and safety protocols to meet and or exceed the expert guidance of the Centers for Disease Control and Prevention (CDC), the California Occupational Safety and Health Administration (CAL/OSHA), Governor Newsom's mandates, the California Department of Public Health (CDPH), and the San Diego County COVID-19 Safety Guidelines to ensure the continued health and safety of our valued guests and staff. Our commitment includes but not limited to the following:

- Health and sanitation procedures have been put in place for all of our vehicles which includes sanitation before and after use. Face coverings are required for drivers and passengers while in a shared vehicle regardless of vaccination status.
- Face coverings are required for all employees engaged in direct services with guests regardless of the employee's vaccination status; i.e., Spa Therapists, Beauty Staff, Food & Beverage Servers, etc. Some exceptions may exist while involved in physical activities and while outdoors where social distancing cannot be maintained.
- We encourage all guests to wear face coverings while indoors interacting with other guests and or Cal- a-Vie staff. This also applies to outdoors if unable to maintain social distancing.
- Employees are required to wear face coverings during indoor activities and until the governor lifts the January 15, 2022 mandate.
- Cleaning and sanitation fogging protocols are conducted daily in key operational buildings and guest rooms.

COVID SAFETY FAQ

- 1. Is your staff fully vaccinated?** No; however, the majority of our employees are fully vaccinated. We encourage that our staff get vaccinated and that they share their vaccination status with us.
- 2. Do you require your entire staff to wear masks?** All employees are required to wear face coverings while engaged directly with guests. Face coverings are not required for employees engaged in fitness related activities or outdoors where social distancing can be maintained.
- 3. Are guests required to show proof of vaccination prior to entering the property?** Currently, guests are not required to provide proof of vaccination at the time of reservation.
- 4. Do you offer COVID tests on property?** Yes. Currently, we utilize local and mobile outside vendors, by appointment only.
- 5. How do you manage seating arrangements during meals?** As per local & State safety mandates, we currently do not have dining restrictions, however, requests for room service, outside and or distance seating will be openly accommodated.
- 6. Are your guest rooms sharing the ventilation system?** Each room has a its own ventilation system and a private exterior entrance that is not shared with any other rooms.
- 7. Are you doing temperature checks?** No. Current mandates are not requiring temperature checks.

COVID-19 TESTING OPTIONS

Below are recommended resources for COVID-19 testing in San Diego County.

We Test U - Mobile COVID-19 Testing

We Test U offers convenient mobile COVID-19 Testing options in San Diego County. From 8am-8pm on weekdays and weekends, schedule a lab assistant to meet you at Cal-a-Vie Health Spa to administer a RT-PCR Test, Rapid Antigen Test, or Rapid Antibody Test. Same day appointments are available.

For more information please visit www.wetestu.com for more information or call 619.736.7172

Carbon Health - COVID-19 Travel Clearance Testing

Carbon Health offers COVID-19 tests for travel clearance at the San Diego Airport. Plan to be tested within 72 hours before your flight. Travel Clearance appointments are available 7 days a week. As part of the test intake process, have your flight itinerary ready to present to a Carbon provider. You'll then receive a COVID-19 test. Results are ready within 3 hours same day OR by 2pm the next day. Turnaround times and types of tests available vary by location.

For more information please visit www.carbonhealth.com/covid-19-travel-clearance-san-diego-airport or call +1 619.268.5576

Hummingbird COVID Testing Centers

Hummingbird COVID Testing Centers provide multiple locations for testing within San Diego county. Schedule an in-office or convenient in-car test. Get accurate Rapid Antigen test results within 15 minutes and PCR test results within 24-48 hours.

For more information, please visit www.hummingbirdrx.com or call 888.247.7004

CVS Pharmacy

Get a rapid COVID test for same day results, or a molecular lab test (PCR/NAAT) for results within days at a CVS Pharmacy. Schedule your appointment online at www.cvs.com/minuteclinic/covid-19-testing

Nearby Locations:

- CVS Pharmacy – 1441 N Santa Fe Ave, Vista, CA 92084 | Phone Number: 760.414.1681
- CVS Pharmacy – 883 S Santa Fe Ave, Vista, CA 92083 | Phone Number: 760.630.2134

****Please Note:** Cal-a-Vie Health Spa is not able to advise or confirm any travel requirements, restriction, or changes in travel policies. The staff at Cal-a-Vie is unable to schedule your test appointment due to the Service's screening process and collection of private and medical information. **Please inquire with the Front Desk about transportation assistance to the test provider location, a moderate transportation fee will apply.**

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