

HEALTH & SAFETY UPDATE *for* CAL-A-VIE HEALTH SPA

As we continue to closely monitor the impact of COVID-19, we remain confident in our ability to keep you safe at Cal-a-Vie Health Spa. We value your health and wellness and are more committed than ever to providing the highest degree of transparency during your stay.

Cal-a-Vie will continue to adapt our policies to meet the expert guidance of the CDC, CAL/OSHA, the California Department of Public Health (CDPH), and San Diego County COVID 19 Safety Guidelines to ensure the continued health and safety of our guests and staff as follows:

- Health and sanitization procedures have been put in place for all of our vehicles on property to include sanitization before and after each use by Cal-a-Vie Health Spa. Masks are required, even if you are vaccinated, by all parties while inside a shared vehicle and temperature checks will be conducted.
- We ask that all guests and employees wear a mask if they are not fully vaccinated. This applies to indoors; however, also applies to outdoors if you are unable to maintain a distance of 6 ft. or greater.
- All spa therapists and drivers are required to wear a mask, even if they are fully vaccinated.
- Housekeeping staff who are not fully vaccinated are required to wear masks inside all guest rooms.
- We ask that you maintain 6 ft. or more distance, even if you are vaccinated, unless you are with your family.
- Fogging procedures are conducted multiple times throughout the day and guest rooms are cleaned 3 times per day.

COVID SAFETY FAQ

- 1. Is your staff fully vaccinated?** No; however, we encourage that our staff get vaccinated and that they share their vaccination status with us.
- 2. Do you require your entire staff to wear masks?** Only if they have not been fully vaccinated; however, our spa therapists and drivers are required to wear masks even if they have been vaccinated.
- 3. Are guests required to show proof of vaccination prior to entering the property?** Currently, we are not requiring guests to provide proof of vaccination at the time of reservation. We are on the honor system.
- 4. Do you offer COVID tests on property?** Yes, by appointment only.
- 5. How do you manage seating arrangements during meals?** Guests that are traveling together may sit together. If any guests would like to have distanced seating or prefer to sit outdoors, they may do so. We also have partitions available if requested.
- 6. Are your guest rooms sharing the ventilation system?** Each room has a its own ventilation system and private entrance that is not shared with any other rooms.
- 7. Are you doing temperature checks?** Due to the close proximity of travelers, temperature checks are conducted for any guest that is picked up at the airport.

COVID-19 TESTING OPTIONS

Below are recommended resources for COVID-19 testing in San Diego County.

We Test U - Mobile COVID-19 Testing

We Test U offers convenient mobile COVID-19 Testing options in San Diego County. From 8am-8pm on weekdays and weekends, schedule a lab assistant to meet you at Cal-a-Vie Health Spa to administer a RT-PCR Test, Rapid Antigen Test, or Rapid Antibody Test. Same day appointments are available.

For more information please visit www.wetestu.com for more information or call 619.736.7172

Carbon Health - COVID-19 Travel Clearance Testing

Carbon Health offers COVID-19 tests for travel clearance at the San Diego Airport. Plan to be tested within 72 hours before your flight. Travel Clearance appointments are available 7 days a week. As part of the test intake process, have your flight itinerary ready to present to a Carbon provider. You'll then receive a COVID-19 test. Results are ready within 3 hours same day OR by 2pm the next day. Turnaround times and types of tests available vary by location.

For more information please visit www.carbonhealth.com/covid-19-travel-clearance-san-diego-airport or call +1 619.268.5576

Hummingbird COVID Testing Centers

Hummingbird COVID Testing Centers provide multiple locations for testing within San Diego county. Schedule an in-office or convenient in-car test. Get accurate Rapid Antigen test results within 15 minutes and PCR test results within 24-48 hours.

For more information, please visit www.hummingbirdrx.com or call 888.247.7004

CVS Pharmacy

Get a rapid COVID test for same day results, or a molecular lab test (PCR/NAAT) for results within days at a CVS Pharmacy. Schedule your appointment online at www.cvs.com/minuteclinic/covid-19-testing

Nearby Locations:

- CVS Pharmacy – 1441 N Santa Fe Ave, Vista, CA 92084 | Phone Number: 760.414.1681
- CVS Pharmacy – 883 S Santa Fe Ave, Vista, CA 92083 | Phone Number: 760.630.2134

****Please Note:** Cal-a-Vie Health Spa is not able to advise or confirm any travel requirements, restriction, or changes in travel policies. The staff at Cal-a-Vie is unable to schedule your test appointment due to the Service's screening process and collection of private and medical information. **Please inquire with the Front Desk about transportation assistance to the test provider location, a moderate transportation fee will apply.**

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