



Cal-a-Vie Health Spa Unveils Star-Gazing Observatory
New Celestial Experience Offers Out-of-this-World Programming for Guests



Vista, Calif. May 8, 2018 – Cal-a-Vie Health Spa is pleased to unveil a larger-than-life star-gazing experience for guests as part of its robust lecture series. The observatory will serve as a launch pad for the spa’s new ‘Celestial Experience’, allowing guests to discover the cosmos weekly under the direction of special guest presenters.

Star-gazing has been linked to multiple health and wellness benefits including a sense of personal growth, transcendent thoughts and positive emotions. In addition, Astro Tourism has taken off in recent years with the frequency of astronomical wonders enticing travelers to view phenomena in our sky.

The new Celestial Experience at Cal-a-Vie will take place each Monday night offering guests an opportunity to explore the glow of the universe in the night sky. Spa guests who participate in the one-hour program will learn about specific deep space objects through lectures and telescope viewings including their significance, distance in lightyears, as well as general concepts about space and time.

The observatory is positioned on top of a hill overlooking Cal-a-Vie’s grounds, offering astronomical views of the sky. The two-story structure features eight flat screen TVs, a state-of-the-art Takahashi telescope and imaging technology, as well as 26 seats from the original Houston Astrodome.

For more than 30 years, Cal-a-Vie has grown from a boutique wellness retreat to a world-renowned destination spa hailed for its advanced technology, innovative fitness classes, healthy cuisine, pampering spa treatments and impeccable Provencal design. The new observatory and Celestial Experience further demonstrate the spa’s commitment to providing guests with one-of-a-kind wellness experiences.

For more information about Cal-a-Vie Health Spa, the new observatory or Celestial Experience, please contact Carol Ann Kelley-Elwell at Victoria King Public Relations at (310) 207-5175 or carolann@vkpr.com.

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About Cal-a-Vie (www.cal-a-vie.com)

Nestled away on over 500 private acres in Vista, just north of San Diego, Cal-a-Vie is a destination health spa resort offering a 5:1 staff to guest ratio with 32 private villas and an adjoining Country Club and 18-hole golf course. Cal-a-Vie combines luxurious European spa philosophies with the California concepts of fitness, health and nutrition.

The French Provencal- styled retreat is embellished with historical pieces and antiques from Europe including a 400-year old Chapel and L'Orangerie from Dijon, France - ideal for destination weddings and events. There is also an antique store exclusively available to guests. Cal-a-Vie offers three, four and seven night spa vacation packages that include gourmet cuisine, over 160 fitness classes, hiking, beauty and spa treatments, mind-body awareness programs, lectures, guest speakers and accommodations. Cal-a-Vie Health Spa has been consistently ranked as one of the world's top destination spa resorts by Condé Nast Traveler, Travel & Leisure, and SpaFinder.