

SPA JOURNEYS

Couples Loving Luxury

Deepen your romantic connection. Delight in a private and luxurious alfresco bubble bath for two, then retreat to your candlelit couple's suite for a personalized Bernardus Essential Massage.

When in Wine Country

A day in wine country isn't complete without pampering oneself. Incorporating antioxidant-rich grape extracts, the experience begins with a sugar chardonnay body scrub and emollient rich grape seed oil application. Then step into our nail salon, for our signature chardonnay pedicure. Relax with a glass of chardonnay and an artisan cheese plate, while your toes lounge in a wine infused bubble bath. The service concludes with detailed nail care and polish to take home.

Nourish & Flourish

An anti-aging body wrap and customized microcurrent facial offers immediate results, with a soothing delivery. First, an exfoliating elixir is applied to the entire body, then wrapped in a warm cocoon. Skin is then buffed and polished before being deeply hydrated. Finish with a comprehensive facial combined with microcurrent technology to improve the definition of facial features and reduce the presence of fine lines.

Carmel Valley Escape

Indulge in the ultimate wine country getaway with four and a half hours of complete body rejuvenation inspired by Bernardus' abundant on-site gardens. Your day begins with the organic healing power of our signature Lavender Bliss scrub followed by a full body Bernardus Essential Massage. Continue your journey with a skin-renewing Bernardus Essential Facial. Complete your escape as fingers and toes are given the royal treatment with a Spa Manicure and Pedicure.

The Well-Groomed Man

Achieve head-to-toe results with an invigorating sea salt and mint scrub followed by a Deep Tissue Massage, deep-cleansing facial and for a sophisticated finish, a Gentleman's Manicure and Pedicure. Four hours well spent.

