

BODY INDULGENCES & WELLNESS RITUALS

Chardonnay Body Polish

Enriched with antioxidants, our all-natural chardonnay sugar scrub with shea butter polishes the body and soothes the soul. A warm shower rinse is followed by an emollient rich grape seed oil application to recapture smooth and supple skin.

Rosemary & Mint Sole Revival

Inspired by the aromatics of our onsite herb garden, this treatment begins with an invigorating sea salt scrub to the hands and feet. A focused treatment on the hands and feet include a cooling mint infused lotion before being wrapped in a warm cocoon. A relaxing scalp massage completes this garden to table experience.

Rejuvenation Wrap

A results driven whole body treatment using antioxidant rich ingredients to dramatically restore softness and radiance. A soothing cocoon works gently but deeply to remove dead skin cells, cleanse pores, and intensely hydrate. A nourishing application of orange body butter completes the transformation.

Blueberry Sculpting Wrap

A fruit pectin sugar scrub softens and prepares the skin for the absorption of vital nutrients. An active fruit enzyme mask and heated blanket envelop the body to activate slimming and sculpting results. After a refreshing rinse, a firming body cream is applied to nourish and tone.

Tuning Fork Ritual

Experience the subtle power of vibrational therapy. Sound waves created by the Om tuning forks travel the long meridian channels of the body and acupressure points to dissolve disharmony and tension allowing you to tune deeper into yourself. A Swedish-style application of rose oil enhances the Om vibration leaving guests feeling balanced and energized.

Touch of Hawaii

The Vichy room is transformed into a steamy island retreat inspired by the healing rituals of Hawaii. An invigorating tropical sugar scrub gently polishes and renews the skin. Hawaiian music transports the mind to the islands as the body sinks into the dreamy rhythm of a lomi-inspired massage.

Vichy Hammam

Inspired by a thousand years of tradition stemming from Turkey and Morocco, this hammam-based ceremony thoroughly cleanses the skin in a steamy oasis of scents from the orient. An invigorating head-to-toe exfoliation initiates the ritual and sets the stage for the true meaning of the word hammam, meaning "spreader of warmth." After a water bowl deluge and vichy shower, retreat into an intense blend of creams and essential oils, each chosen for their healing and therapeutic properties. Awaken the body to a crescendo of temperature and detoxification for a euphoric lightness of being.