

The Shortest Spa Day of the Year
WINTER SOLSTICE CELEBRATION AT



Saturday, December 21, 2019

Spa Hours 8:30 am-6:30 pm

Rejuvenate your entire being—mind, body and soul.

The Winter Solstice is the start of the solar year and is a celebration of light and the rebirth of the Sun. Choose from our array of relaxation services including massage, bodywork, facials or salon services and then extend your spa day with our complimentary Winter Solstice activities.

10:00am-11:00am - Hot Chocolate Yoga

breathe, unwind and unburden with a relaxing yoga hour and spiced hot chocolate

12:00pm-2:00pm - Chakra Activation & Awakening

create clarity and space for change with intuitive energy healer and Visionary Coach, Lisa McCardle

2:00pm-4:00pm - Find Your Eminence

brighten and protect your skin with rich hydrators from the organic Eminence skincare line

4:00pm-5:30pm - Red & White Wine Tasting

sip and savor Carmel Valley with a wine tasting by Bernardus Winery

5:30pm - Rhythmic Fire Dancer

an entertaining and fiery performance around the firepit

A minimum 50-minute service must be booked in order to enjoy the spa facilities and Winter Solstice events. Please contact our Spa Concierge at 831-658-3560 for more information and to reserve your spa journey.