



SIGNATURE TREATMENTS



Enjoy the ultimate sensory experience. Choose from a collection of world-class treatments designed with total relaxation and well-being in mind. Combining contemporary techniques of spa wellness with the purest botanical ingredients, Bernardus' signature treatments are not to be missed!

Couples Vineyard Romance

The magic of romance and the vitality of the vineyard meet in one extraordinary treatment. In the heart of our couple's suite, both of you are pampered with a full body chardonnay sugar scrub exfoliation before soaking in a private alfresco bubble bath. The experience is completed with an indulgent full body massage with nourishing grape seed, jojoba, and coconut oils for soothing hydration. The treatment concludes with two glasses of Bernardus wine and a fireside toast.

Lavender Bliss

Breathe deep, awaken the body and soothe the soul with the healing power of Bernardus estate grown lavender. Freshly milled lavender paired with natural exfoliants will leave the body feeling smooth and hydrated. A warm water rinse followed by a full body application of cold pressed lavender olive oil will complete this blissful treatment.

Bernardus Prestige Facial

This signature service offers the ultimate in skincare, utilizing the finest ingredients and latest technology. A comprehensive skincare consultation, an in-depth cleaning, and a regenerating peel will reveal smooth and radiant skin. A thorough lymphatic massage will relax any remaining facial tension. After a specialized firming mask treatment, microcurrent therapy combined with carefully selected serums will further tone and define facial muscles. A rejuvenating eye treatment, relaxing scalp massage and hand treatment will complement the service. To maintain the results, a customized jet-setter friendly home care kit will be yours to take with you.

VinoTherapy Pedicure

Discover the nourishing benefits of antioxidant-rich chardonnay grapes with this luxuriously decadent VinoTherapy service. Begin with a glass of our award-winning Bernardus Chardonnay and an artisanal cheese plate to enjoy while soaking your feet and worries away in a chardonnay bubble bath. Next, an opulent pure cane sugar and chardonnay grape seed scrub lightly exfoliates the skin. Your reflex zones are massaged with creamy chardonnay moisturizer to calm and tone the skin. Finally, soothed toes are topped off with detailed nail care and a polish style of your choice. The polish is yours to keep as our gift.