

BODY INDULGENCES

VinoTherapy Body Polish

Enriched with antioxidants, our all-natural chardonnay sugar scrub with shea butter polishes the body and soothes the soul. A warm shower rinse is followed by an emollient rich grape seed oil application to recapture smooth and supple skin.

Rosemary & Mint Sole Revival

Fresh herbs culled from our Bernardus gardens are the foundation for an alfresco foot soak and invigorating sea salt foot scrub. Then step into a cozy room for a focused massage of the feet and hands. The soothing warmth of heated booties and mitts soften and enrich the skin during a relaxing scalp massage.

Rejuvenation Wrap

A results driven whole body treatment using antioxidant rich ingredients to dramatically restore softness and radiance. A soothing cocoon works gently but deeply to remove dead skin cells, cleanse pores, and intensely hydrate.

Detox Wrap

A fruit pectin sugar scrub softens and prepares the skin for the absorption of vital nutrients. An active fruit enzyme mask and heated blanket envelop the body to activate slimming and sculpting results. After a refreshing rinse, a firming body cream is applied to nourish and tone.

