

# GROOMING & GLAMOUR

## Nail Care

- ◆ Spa Manicure
- ◆ Spa Pedicure

A complete reshape of the the nails and cuticles, and hydrating massage. Finish with a polish of your choice and keep the bottle as our gift.

- ◆ Bernardus Essential Manicure
- ◆ Bernardus Essential Pedicure

A precise detailing of the nails and cuticles, along with the addition of our signature shea butter quench and extended massage of the hands or feet. Finish with a polish of your choice and keep the bottle as our gift.

- ◆ Spa Shellac Manicure
- ◆ Spa Shellac Pedicure

Achieve a longer lasting polish with high definition shine with shellac polish and beautifying nail treatment. You may wish to upgrade your shellac service to a Bernardus Essential Shellac Manicure or Pedicure. This will include our signature shea butter quench and extended massage of the hands or feet.

## Hair Care

### Hair Shaping

- ◆ Women's Hair Cut and Blow Dry
- ◆ Men's Hair Cut

### Blow Dry Services

- ◆ Short to Medium Hair
- ◆ Long Hair

## Waxing

- ◆ Lip
- ◆ Chin
- ◆ Brow
- ◆ Cheek
- ◆ Bikini
- ◆ Half Leg
- ◆ Full Leg
- ◆ Partial Brazilian
- ◆ Brazilian
- ◆ Underarm
- ◆ Half Arm
- ◆ Full Arm
- ◆ Back
- ◆ Chest