



BABOR
SIGNATURE SPA



luxurious experiences. instant results.

BABOR SIGNATURE SPA at **The Dominick** curates professionally individualized spa sessions combining luxurious, results driven treatments with high performance facility features to deliver a luxurious wellness experience.

More than a service: Our bespoke, expert treatment methods and personally tailored spa experiences deliver precisely what you need to energize, balance, or relax.

More than an experience: Our scientifically proven precision formulas stimulate cellular renewal and provide total body rejuvenation.



massage & bodycare

Every massage and body treatment at The BABOR Signature Spa at The Dominick delivers much more than just an experience. The science is built into the treatment that features BABOR's high performance SHAPING Products, that contain Elsberry stem cell extracts that visibly smooth and refine the silhouette with active plant enzymes.

massage

RELAXING MASSAGE

50-minutes, 80-minutes

This massage, using light to medium pressure, is designed to relieve tension and restore your balance. Using a customized blend of essential oils and soothing Swedish massage strokes, you'll drift away into total relaxation and leave restored, renewed, and radiant.

DEEP TISSUE MASSAGE

50-minutes, 80-minutes

This therapeutic massage combines long, deep strokes and firm pressure to enhance circulation, balance energy, and promote well-being. This massage is ideal after sports activities or to improve flexibility and relaxation.

HOT STONE MASSAGE

50-minutes, 80-minutes

The healing properties of Swedish massage and the heat from basalt stones are combined to relieve tension and stress. This warming massage loosens muscles, increases circulation, and promotes deep relaxation.

PRENATAL MASSAGE | 50-minutes

As a mother-to-be you deserve to be pampered. Our expert therapists will create a personalized treatment for your specific needs using massage techniques safe for expecting mothers. This specialty service will focus on releasing stress and inflammation and promoting relaxation.

SOUL-TO-SOUL | 50-minutes, 80-minutes

Immerse yourself in a private bath next to your companion. Then, experience an aromatic journey with a personalized massage using essential aromatherapy to meet both of your needs. Toast to togetherness with a glass of champagne in our relaxation lounge while you enjoy chocolate covered strawberries.

bodycare

THE BABOR SIGNATURE BODY RITUAL | 80-minutes

This high-performance anti-aging ritual is the ultimate in mind and body experience. Your therapist uses advanced bodywork techniques to improve metabolism, boost immune functions, detoxify and firm the body to induce a calm and balanced mental state and improve wellbeing. A detoxifying body scrub, with nutrient-rich minerals sweeps away dull skin. The body is cocooned in a warm, hydrating and detoxifying wrap, infused with high-performance plant stem cells that refine and firm the body. To release tension and melt away aches and pains your therapist will perform a full body massage with aroma-therapeutic oils focusing on your individual concerns, improving mental clarity and restoring total mind body balance.

RENEW & RESTORE | 50-minutes

This rejuvenating, anti-aging experience will effectively clarify and purify your skin using nutrient rich ancient healing salts that improve blood circulation and sweep away dull skin. Your therapist will use advanced techniques to cocoon your body in a warm, hydrating and detoxifying wrap, infused with rare plant stem cells that revitalize and protect the skin leaving you in a complete state of bliss.

hammam experiences

BODY REFINER | 50-minutes

This detoxifying, anti-aging experience with specialized full body exfoliation smooths and refines the silhouette with ancient, nutrient rich mineral salts to remove toxins and sweep away dead skin cells. To release tension and melt away aches and pains, your therapist will perform a full body massage using advanced bodywork techniques and aroma-therapeutic oils to target your individual concerns improving flexibility, alleviating aches and pains and restoring mental clarity. The ultimate in mind body balance and purification.

NYC's only luxury Hammam where ancient therapy is used to remove impurities and rehydrate the skin.

MOROCCAN HAMMAM

This traditional cleansing ritual from North Africa is a treasured part of Moroccan culture. Experience the detoxifying treatment that incorporates black olive soap, rhassoul clay mud and a Kessa Mitt to assist in removing impurities.

TURKISH HAMMAM

This treatment features nourishing castile soap applied with a traditional handmade Kessa mitt while the guest lies on a heated belly stone of Calacatta marble, leaving skin feeling like silk. For those looking for renewing tired skin.

skincare

Experience the BABOR Expert Method, a specific approach to treatments that blends scientific research with well-being that individually target specific needs. By combining BABOR's precision-based, highly effective product line with this state-of-the-art application process, the BABOR Expert Method delivers personalized, instant results.

SKINOVAGE TAILORED FACIAL

50-minutes, 80-minutes

Synergistically formulated with advanced age prevention ingredients, including highly active concentrates applied with specific massages. This advanced treatment is designed to stimulate the anti-aging mechanism to prevent visible signs of aging. The skin is left refreshed, radiant and younger-looking.

DOCTOR BABOR PRESCRIPTION THERAPY

50-minutes, 80-minutes

Specific and focused on individual skin challenges, these prescription therapies are just what the doctored ordered. Our expert skin therapists will customize an advanced cosmeceutical treatment to obtain your optimal skin care results. Combining high-performance cosmeceuticals with a luxurious facial experience, this highly-experiential treatment leaves you completely relaxed with the results you can see and feel.

**DOCTOR BABOR PRO THERAPRO PEELING
TREATMENT | 50-minutes, 80-minutes**

Inflamm-aging is a growing concern in the aging process. This treatment is the latest innovation in non-invasive skin resurfacing. A unique blend of AHA's and controlled pH value of the TheraPRO peels work from the inside out without inflammation. Suitable for all skin types and targeting conditions of rough, dry, oily skin, enlarged pores, hyper-pigmentation, tired or dull complexion. Signs of aging are diminished immediately; the skin is more youthful over time.

GRAND CRU | 80-minutes

Ultimate anti-aging luxuriously wrapped in a combination of invigorating sensations, textures, relaxing touches and a sensual rose damask scent that lifts your spirit and smooths your skin. Combined with the ultra-effective BABOR EXPERT METHOD, this treatment will take you on a journey of rejuvenation, radiance and protection for youthful, velvety-soft skin. Our expert touch and precise ingredients relax wrinkles, melt stress and impart a radiant glow for hours to come.

skincare

SEACREATION – BEAUTY THAT GOES DEEPER | 110-minutes

Modern luxury and precisely coordinated active ingredients from the deep sea are at the heart of this treatment. Discover invigorating sensation with surprising cool and warm elements combined with the unique BABOR EXPERT METHOD. The complete self soon surrenders to the pleasure of being nurtured, nourished, scented and restored. The skin feels gloriously firmed, toned, plumped and wrinkle-free.

HSR® | 80-minutes

The anti-wrinkle expert; our High Skin Refiner treatment will smooth, plump and lift every type of wrinkle while firming and toning the skin. The result is a more youthful, well contoured face.

REVERSIVE | 80-minutes

Turn back the clock and unlock the natural anti-aging mechanisms of your skin. This treatment will provide incredible luminosity and radiance while increasing cell turn over and triggering the slowdown of chronological aging process revealing a perfect, ageless complexion.

HYDRAFACIAL | 25-minutes, 50-minutes

The unique vortex-fusion serum delivery system removes impurities and dead skin cells while replenishing vital nutrients.

nails

CLASSIC MANICURE

Our classic treatment hydrates and revitalizes the hands, while nourishing and shaping the nails. Your technician will apply polish to perfection.

CLASSIC PEDICURE

Indulge in this therapeutic treatment that relieves tension while manicuring cuticle and nails

GEL MANICURE

Luxuriate with our classic hand treatment followed by a two-step gel polish application for lasting color and shine.

waxing

AVAILABLE UPON REQUEST

Ask for pricing

spa etiquette

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations are subject to availability and must be guaranteed with a hotel room number or credit card.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A full charge will be applied to your credit card for failure to follow this policy. NO show appointments will be charged in full.

DO YOU HAVE SPECIAL HEALTH CONSIDERATIONS?

Please notify our reservation department if you have high blood pressure, allergies, any physical ailments or special needs, or if you are pregnant. This information may also be completed on your Personal Care Guide upon arrival at the spa. These health considerations would affect your choice of services.

ARRIVAL

Here at The BABOR Signature Spa at The Dominick, we create experiences that not only energize, balance and relax, but we deliver results. We suggest that you arrive at least 30-minutes before your appointment's time to sign in and change into your robe and slippers ensuring ample time to experience our amenities and your prescribed journey provided at check-in.

AMENITIES

Enhance your journey with a variety of amenities that include:

- **Inhalation Salt Chamber:** Boosts the immune system, reduces stress, and aids in a better night's sleep. The dry salt accelerates cell rejuvenation and improves skin rigidity providing the ultimate preparation for your treatment.
- **Chromatherapy Experience Showers:** Features the use of colored light therapy to induce change in the body on a physical, emotional and cellular level.
- **Steam and Sauna:** Immerse yourself in soothing heat before and after treatment to help relax muscles, open your skin's pores and increase blood circulation.
- **Co-ed Relaxation Lounge:** Features three detoxing teas from Palais des Thés to accompany the spa journey.

LATE ARRIVAL

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

spa etiquette

DO YOU NEED HELP CHOOSING YOUR TREATMENT?

Our spa reservation department will help you plan the perfect spa experience to meet your intended results.

WHAT SHOULD YOU WEAR?

A robe, slippers and day locker will be provided for you upon arrival to the spa. Disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times. For facials, we provide body wraps to cover the lower and upper half of your body.

SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any body exfoliation treatment or hair removal services. We do, however, recommend that men please do shave 2 hours prior to their scheduled facial treatment.

IS THERE AN AGE REQUIREMENT TO USE THE SPA?

All spa guests must be 16 or older to schedule a treatment.

CELL PHONES

In consideration of our other guests, we ask that you turn off your cell phone before entering the spa.

PAYMENT

We accept all major credit cards or you may charge the service to your hotel room.

SERVICE CHARGE

Please note that a mandatory service charge will be added for all a la carte services and day spa packages. For your convenience, a suggested gratuity has also been added to your service(s). Gratuities are optional, can be adjusted and are left at your discretion. Gratuities are retained in full by the provider(s) performing the service(s).

VALUABLES

Please do not bring or leave valuables in the facility or lockers. We are not responsible for any theft or loss of personal property, including jewelry or other personal items.



BABOR
SIGNATURE SPA

at The **Dominick**

246 Spring Street, 7th Floor
New York, NY 10013

Phone: 212.842.5505

www.thedominickhotel.com