

# THE SPA AT SILVERADO



# INTRODUCING THE SPA AT SILVERADO



Start here at Silverado with a personal intention for your visit and begin your journey to greater health and happiness.

*Do you seek Rejuvenation – to restore, balance and detoxify?*

*Celebration – to strengthen bonds energize friendships and boost relationships?*

*Or simply Relaxation – to relieve tension, stress and to unwind?*

*Allow us to guide you through a path of well-being...*

*Now relax, you are in good hands.*

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# Massage

## SILVERADO RELAXATION

Uses the healing powers of aromatherapy to delight your senses along with light to medium pressure in a Swedish style. Provides healing benefits appropriate for your specific condition. For those who desire extra-firm pressure and more direct work, we recommend our Deep Tissue Massage.

## JUST FOR TWO COUPLES

Let your outer world disappear with a relaxing Silverado Massage in our private couples room. Choose from a selection of services.

## HIGH TECH

This area massage focuses on a variety of techniques to release tension in the neck, shoulder, back, hips and forearms, leaving you ready to create the next generation of communication.

## DEEP TISSUE

A therapeutic massage using deep tissue techniques designed to alleviate tension and muscular stress. Specialized techniques customized to each guest to restore and heal muscles. Optional Silverado golf ball rolling technique is offered to provide a deeper level of pressure. Deep Tissue style is slow intentional work and we recommend booking 80 minutes for a full body treatment.

## 7 CHAKRA BALANCING

This healing head-to-toe moderate pressure massage begins with a sound bath from a Tibetan singing bowl. Seven unique aromatherapy oil blends are used on the 7 chakras (energy centers), creating calmness and balance. A nourishing oil scalp massage concludes the treatment. Benefits ~ Balances your energy centers and creates a deep sense of relaxation and well being.

## HAWAIIAN LOMI LOMI

Rhythmic full-body massage technique where the therapist works gently yet deeply into the muscles with continuous flowing strokes, totally nurturing the body, enabling the recipient to relax and feel our Aloha.

## HIMALAYAN SALT STONE

The Himalayan Salt Stone massage takes healing and relaxation to a new level. The combination of warm salt stones and cool marble stones used in a Swedish style, plus meridian work on hands and feet, flushes congested areas, lightly exfoliates, rejuvenates, and detoxifies.

## WARM CANDLE

Relaxing Swedish style massage with aromatic Wild Rose or Honey Ginger heated candle oil, containing soy and coconut oils, will lift your spirits and soothe your soul.

## HONEY DREAM EXPERIENCE

This unique treatment is deeply relaxing and hydrating. A moderate pressure myofascial massage uses honey and oils. A warm luxurious beeswax pad is applied on your back to nourish and soften. Enjoy an anti-aging plumping facial mask applied with Marma pressure points to complete this experience.

## MATERNITY

A soothing treatment for pregnancy during any trimester or postpartum, this massage improves circulation and provides a gentle, soothing touch for expectant and new mothers.

## JUST A LITTLE MORE TIME

25 minute upgrade to any Massage Session.  
CLEAR MY HEAD Nasal Relief Treatment or Rejuvenating Foot Scrub with Reflexology.



# Body Scrubs & Wraps

## CHARDONNAY SUGAR SCRUB

This legendary all-natural sugar scrub is blended with shea butter and six natural oils to exfoliate and nourish your skin. The rich moisturizer will protect and heal even the driest of skin.

## LAVENDER MINT CLAY WRAP

Using warm lavender & spearmint clay, this wrap is deeply relaxing and purifying. Soothing moisturizers calm and hydrate leaving your skin toned and refreshed. Includes a face, scalp and foot massage.

## ROSE MUD WRAP & MASSAGE

This rejuvenating mud contains soothing rose clay from the Provence region of France which includes oils of jojoba, avocado, peach kernel and sunflower. Includes a relaxing Swedish style massage and is the ultimate treatment for refining and regenerating the skin.

## RENEWING BODY RITUAL WITH BOTANICAL FACIAL

This treatment gently eliminates dry skin cells with natural enzymes, while your body is infused with ultra-nourishing oils from flower essence. Hands and feet are softened from a luxurious warm mango butter wrap. Your face regains the freshness of its youth leaving an overall glowing complexion. An experience that leads to complete nirvana.

## 24 KARAT BODY WRAP WITH GOLDEN VEIL SMOOTHING FACIAL

Our golden body wrap cocoons you in the warmth of gold and extracts of Artemisia and passion flower which detoxifies, hydrates and boost elasticity. While wrapped in pure bliss you will experience our sparkling facial which brightens and refines the skins texture, plumps and smooths for a complexion that shimmers with health.

## LUSCIOUS LEMON SALT GLOW

This infusion of sea, desert and dead sea salt, combined with jojoba and sunflower oils will smooth dry skin. An application of soothing chamomile, aloe, Vit E and beeswax that leaves your skin feeling renewed and refreshed. Includes a face, scalp and foot massage.



# Skincare Collection

## HYDRA PLUMPING MOISTURE

*(Phytomer)*

Give your skin an intense moisturizing soak in a halo of softness. This cocoon treatment rich in healing marine ingredients instantly calms and soothes while revealing plump deep cell hydration for a radiant complexion.

## OPTIMAL OXYGENATING

*(Circadia)*

Revive tired, dull and environmentally stressed skin. Relax as the effervescence of pure oxygen boosts circulation, stimulates cell turnover and leaves the complexion hydrated and revitalized.

## VIE 3-D LUXURY LIFTING

*(Phytomer VIE)*

Our most comprehensive anti-aging treatment is inspired by medi-spa procedures utilizing cosmeceutical grade products for immediate remarkable results. This facial focuses on 3 dimensions of aging: wrinkle relaxation with a Botox-like effect, wrinkle filling with a filler-like effect, giving you an overall firming and lifting effect.

## CAVIAR LIME PEARL

*(Circadia)*

A burst of antioxidants combined with a rare lime pearl caviar and passion fruit gently rejuvenates, nourishes and leaves the skin with a youthful glow.

**Add Peptide Mask for an instant firm, tightened, lifted look in our 80 minute service.**

## BRIGHTENING RADIANCE

*(Circadia)*

Formulated to repair sun-damaged, hyper-pigmented complexions with an infusion of peptides, vitamins and Australian berries leaving your complexion smooth, bright and radiant.

**Add Peptide Mask for an instant firm, tightened, lifted look in our 80 minute service.**

## Booster Bar

May be added within any facial treatment with no downtime or restrictions.

- **Hydrating Lactic Acid Peel**  
Anti aging, dry skin and sensitive skin
- **Alpha/Beta Acid Peel**  
Combination, congestion or oily skin
- **Customized Serum Infusion with LED Light Therapy**
- **Eye Refresh**
- **Neck & Décolleté Treatment**
- **Perfect Pout**
- **Warm Mud Detoxifying Back Treatment**

# Half-Day Spa Packages

## SPA BLISS

Please allow for 4 hours of bliss. Choose two Classic Session Spa Services from the Spa Bliss Menu.  
90 Minute Combo Manicure & Pedicure  
\$25 Credit at Boost Café

## WINE & ROSES COUPLES

Please allow for 2 hours of romance. Performed in our couples suite. Includes two Rose Mud Wraps | Two Classic Session Rose or Ginger Warm Candle Massages

## JUST FOR HIM

Please allow for 3 hours of relaxation.  
Men's Sport Hot Towel Face Treatment | 50 minute  
Deep Tissue Massage | Men's Sports Pedicure  
\$25 credit at Boost Café

## BRIDAL PARTY PRE-WEDDING | GETAWAYS

Escape to the Spa together before the big day!  
Select from pre-wedding celebration experiences.  
Please contact our Spa Group Coordinator at  
707-257-5540 for assistance.



# Our Favorite Men's Services

## DEEP TISSUE MASSAGE (80 min)

A therapeutic massage using deep tissue techniques designed to alleviate tension and muscular stress. Specialized techniques customized to each guest to restore and heal muscles. Optional Silverado golf ball rolling technique is offered to provide a deeper level of pressure. Deep Tissue style is slow intentional work and we recommend booking 80 minutes for a full body treatment.

## MEN'S HAIRCUT

Men's stylized cut with scalp massage.

## MEN'S SPORT HOT TOWEL FACE TREATMENT (OM4)

Restores strength and balance to men's skin. Includes a soothing face, neck and shoulder massage that will leave you feeling your best. Deluxe version includes an added Alpha Hydroxy skin booster, mask and eyebrow trimming.

## MEN'S SPORT MANICURE OR PEDICURE





## The Salon

### HAIR & NAIL SERVICES

Our full-service salon in Napa Valley at Silverado Resort and Spa offers you the finest hair and nail care products available. Relax in the private salon garden during or after your treatment. Sit back and feel the warm bubbling whirlpool pedicure bath soothe your feet. We also offer children's salon services: haircut and manicure/pedicure. Spa facilities are included with the purchase of a salon treatment valued \$100 or more.

### HAIR

*We proudly feature MOROCCANOIL and LIVING PROOF and MILBON hair lines.*

- Cuts & Styles
- Event Styles
- Color
- Upgrade to any Blowout

*Smoothing and conditioning – MILBON Service. Includes take home product.*

## Beauty

### FACIAL WAXING

*Available with the booking of a facial service.*

### EVENT MAKEUP

- Day or Night Application
- Lash Application

**NAILS** *We proudly feature CND and Pure Fiji.*

### HANDS

- Pure Bliss Manicure
- Express Manicure
- Men's Sport Manicure

### FEET

- Pure Bliss Pedicure
- Men's Sport Pedicure
- Royal Coconut Milk & Honey Pedicure
- Revitalizing Spa Pedicure

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### • Combination Mani & Pedi

### • Princess Delight

*Mini Mani or Pedi (ages 10 and under)*

### SHELLAC CND

### • Shellac CND Nails

### • Shellac CND Polish Removal

*Due to variations of ingredients of consumer Gel brand products other than Shellac CND products, removal is not available as we are a Natural Nail Salon. Please inquire upon booking for more information.*



## *Fitness*

### FITNESS CENTER/ SPA POOL

The gym and wellness classes are complimentary for registered resort guests 16 years and older. Use of Spa pool, locker lounges and amenities are included with purchase of a day pass or Classic Session Spa Treatment.

### WELLNESS COACHES/PRIVATE CLASSES

Private group sessions available. Prices vary depending group size.



## *Spa Boutique & Gift Shop*

We carry an assortment of resort gift items, fitness, swim and leisure wear. Join us for a sensory journey with local Napa product lines and find healing beauty benefits in our professional skincare and hair products sourced from leading beauty experts from Italy, France and around the world.



Greet the day after your workout at Boost Café where you will find a menu to replenish your energy and rehydrate your body. Delicious and healthy fare such as salads, sandwiches, fruit juices and smoothies for on the go experience or slowdown and enjoy an item from our lunch menu. Sip and savor an espresso or cappuccino from our coffee menu in our tranquil WIFI hotspot.



# The Silverado Spa Experience

## SPA FACILITIES

Spa Silverado features 16,000 square feet of Napa elegance with 16 treatment rooms - including a couples suite - for massages. Separate men's and women's lounges offer abundant amenities, private showers, sauna and steam rooms and an outdoor private whirlpool. A shared Spa pool with an outdoor whirlpool is available for use exclusively for our treatment guests. Unwind in our beautiful gardens or sip and savor a glass of wine at our outdoor fire pit seating nooks. Enjoy reserved pool side garden seating for a fee.

## RESERVATIONS

Our reservation team is available to assist you in reserving your Spa services. Credit card information is required at the time of the booking to hold all reservations. The Spa Experience is designed for guests 16 years and older. Guests under 16 may enjoy services in our salon. Reservations are recommended to ensure your preferred time. Services offered are based on availability. Prices are subject to change based on most current menu rates. For Reservations please call: 707-257-5555 or book online at SilveradoResort.com

## SPA DAY USE

Day use is based upon availability. Spa facilities and amenities are available for all registered resort guests 16 years or older and includes sauna, steam, whirlpool, locker lounges and lap pool for a daily fee of \$40. Fee is waived with purchase of treatments totaling \$100 or more. Guests not staying at the resort are able to use the facilities for a \$75 daily fee (excluding weekends and holidays and is always based on availability).

## ARRIVAL FOR APPOINTMENTS

Please arrive 30 minutes prior to your scheduled appointment time. This will allow for check in and optimal use of facilities. Late arrivals will receive remaining time ~ full charge will still apply.

## SERVICE CHARGE & GRATUITY

For your convenience, a 20% service charge will be automatically added to all services and packages. This service fee is allocated to the spa staff members who serve you during your visit. Additional gratuity is always appreciated for excellent service.

## CANCELLATION/RESCHEDULING

If you need to cancel or change your appointment, please contact the spa directly at least 24 hours prior to your appointment at 707-257-5555. 50% of the value of the service will be charged for rescheduling or cancellations made after 24 hours. No-show appointments will be charged the full value of the service.

## CONSIDERATIONS & VALUABLES

To preserve our tranquil environment...The Spa is a cell phone, pet and smoke free environment. Service dogs will require proper documentation and must be with you at all times in non-restricted areas. Please avoid bringing jewelry or other valuables to the Spa. We are not responsible for valuables that are lost or left at the Spa.

## SPA HOURS *(Hours vary with Season)*

Spa Facilities	6am-8pm	Boost Café	7am-3pm
Treatments	8am-7pm	Spa Boutique	9am-6pm
Salon	8am-5pm	Fitness Studio	6am-8pm



# THE SPA AT SILVERADO





SILVERADO RESORT  
GOLF | SPA | TENNIS  
NAPA, CA

707-257-5555 | [SilveradoResort.com](http://SilveradoResort.com) | 1605 Atlas Peak Road | Napa, CA 94558