

# Preparatory Treatments

To start your Spa experience, discover our Preparatory Body Treatments\* and enjoy a sacred moment for your body and mind. Sensory body scrubs, gentle wraps, bath or hammam... for a soft and delicately perfumed skin that is ready to receive the benefits of your body and facial massages.

*\*Preparatory treatments of 20 min are only sold in conjunction with another treatment.*

## BATH AND HAMMAM

**Traditional Hammam** 20 min - € 30 per person

### COMFORTING

Discover an authentic Hammam experience, a hot steam bath that combines the benefits of aromacology and eucalyptus. A true sensory journey for the body and mind.

*To be discovered as a private treatment, alone or for two.*

**Japanese Aromas and Flowers Bath** 20 min - € 60

### RELAXATION

This relaxing ancestral O'Furo ritual awakens the senses with a combination of phyto-aromatic oils, colours and rose petals, leaving your mind and body in perfect harmony.



## SCRUBS

### **Scrubs with Beldi Black Soap** 20 min - € 60

#### **PURIFYING**

Travel to the heart of the oriental tradition. The Hammam and the exfoliating action of the of the Kassa glove combined with the traditional Beldi Black Soap will purify the skin in depth, leaving it soft and smooth.

*This treatment is performed exclusively after a Traditional Hammam treatment.*

### **Spiced Aromatic Scrub** 20 min - € 60

#### **ENERGIZING**

This exfoliating treatment inspired by the island of Java, using spices and sea salts, captivates you thanks to its delicate fragrances and leaves your skin soft and silky smooth.

### **Papaya Purée Scrub** 20 min - € 60

#### **SENSORY**

Discover this exfoliating treatment from Siam, using smooth, fine-grained Papaya Purée. Gently exfoliated, your skin is left softer than ever.

### **Sublime Tahitian Monoï Scrub** 20 min - € 60

#### **SUBLIME SMOOTHING**

This organic preparation inspired from Polynesia and adapted to sensitive skins, based on Monoï, Tiaré flowers, sugar and coconut powder, smoothes and regenerates the skin.

*The Sublime Scrub, Sublime Body & Hair Oil and Sublime Body Balm are Cosmébio labeled.*

