






DOLCE *zen* CLUB

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30-11:30 am		10:30-11:30 am		
PILATES	10:45-11:45 am	YOGA	10:45-11:45 am	
ISABELLE	AQUAGYM	SYLVIE	AQUA GYM	
	18:30-19:30 am			
	YOGA			
	SYLVIE			

Schedule valid from 12 October 2020.

Access to the courses is only possible by reservation by email to cinq.mondes@dolcelahulpe.com.

[Explore our sanitary measures.](#)

DOLCELAHULPE.COM

