

# drinks

## SUMOS NATURAIS NATURAL JUICE

SUMO DE LARANJA NATURAL  
NATURAL ORANGE JUICE 6,00€

SUMO DE FRUTA DO DIA  
FRUIT JUICE OF THE DAY 6,00€

## SMOTHIES SMOTHIES

XTRA ENERGY 7,50€  
Morango e banana  
Strawberry and banana

MAD BERRIES 8,00€  
Morango, framboesa e amora  
Strawberries, raspberries and blackberries

## SMOTHIES DETOX DETOX SMOTHIES

MORNING GLORY 7,50€  
Espinafres, manga, ananás e banana  
Spinach, mango, pineapple and banana

BEET & BLEND 7,50€  
Beterraba, framboesa e banana  
Beetroot, raspberry and banana

## COCKTAILS SEM ALCOOL MOCKTAILS

APPLE MOJITO 6,00€  
Hortelã, lima, açúcar e sumo de maçã  
Mint, lime, sugar and apple juice

SAN FRANCISCO 7,00€  
Sumo de ananás, laranja, pêra, pêssego,  
limão e grenadine  
Pineapple, orange, pear juice, lemon  
and grenadine

SHIRLEY TEMPLE 6,00€  
Grenadine e sprite  
Grenadine and sprite

## ÁGUAS WATERS

ÁGUA 50 CL 2,50€  
WATER 50 CL  
ÁGUA 1 LT 4,00€  
WATER 1 LT

ÁGUA COM GÁS 25 CL 2,50€  
SPARKLING WATER 25 CL  
ÁGUA COM GÁS 1 LT 4,00€  
SPARKLING WATER 1 LT

ÁGUA DAS PEDRAS LIMÃO 25 CL 3,00€  
LEMON SPARKLING WATER 25 CL

## COCKTAILS COCKTAILS

CAIPIRINHA 9,00€  
Lima, açúcar e cachaça  
Lime, sugar and cachaça

MORANGOSKA 9,50€  
Morango, açúcar e vodka Wyborowa  
Strawberry, sugar and Wyborova vodka

MOJITO 9,00€  
Hortelã, sumo de limão, açúcar, Rum Havana 3  
e água com gás  
Mint, lemon juice, sugar, Havana 3 Rum  
and sparkling water

BERRIES MOJITO 9,50€  
Frutos vermelhos, hortelã, sumo de limão,  
Rum Havana 3 e água com gás  
Berries, mint, lemon juice, Havana 3 rum  
and sparkling water

MOSCOW MULE 9,50€  
Vodka Wyborowa, ginger beer e sumo de lima  
Wyborova vodka, ginger beer and lime juice

DAIQUIRI 9,50€  
Rum Havana 3, sumo de fruta e xarope de açúcar  
Havana 3 rum, fruit juice and sugar sirup

APEROL SPRITZ 9,00€  
Aperol, espumante e agua com gás  
Aperol, sparkling wine and sparkling water

## SANGRIA SANGRIA 1LT

BRANCA OU TINTA 14,00€  
WHITE OR RED

ESPUMANTE 18,00€  
SPARKLING WINE

## REFRIGERANTES SOFT DRINKS

COCA-COLA 3,50€  
COCA-COLA ZERO 3,50€  
SPRITE 3,50€  
SUMOL 3,50€  
SCHEWPPES 3,50€

## NECTARES SOFT DRINKS

PÊRA | ANANÁS | MANGA | LARANJA | PÊSSEGO | MAÇÃ  
PEAR | PINEAPPLE | MANGO | ORANGE | PEACH | APPLE 3,00€

## CHAMPAGNE & ESPUMANTES

	GARRAFA BOTTLE	COPO GLASS
<b>CHAMPAGNE &amp; SPARKLING WINE</b>		
G.H. MUMM BRUT, CORDON ROUGE	70,00€	12,00€
PERRIER-JOUËT GRAND BRUT	120,00€	
PERRIER-JOUËT BLASON ROSÉ	150,00€	
PINTA NEGRA BRUT, BLANC DE NOIR	20,00€	6,00€

## VINHOS WINES

BRANCO WHITE		
MUNDUS 2020	16,00€	5,00€
ADEGA MÃE VIOSINHO 2019	22,00€	6,00€
LAVRADORES DA FEITORIA 2020	25,00€	

ROSÉ ROSÉ		
MUNDUS 2020	16,00€	5,00€
QUINTA DA BOA ESPERANÇA	22,00€	6,00€

TINTO RED		
MUNDUS 2019	16,00€	5,00€
ADEGA MÃE CABERNET SAUVIGNON 2017	22,00€	6,00€
MONTE DA PECEGUINA 2019	30,00€	

## CERVEJA À PRESSÃO DRAFT BEER

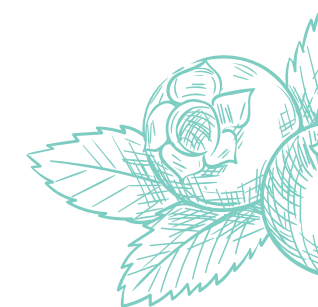
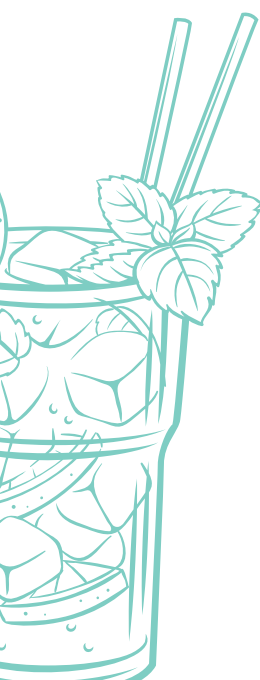
SAGRES 35 CL	4,00€
SAGRES 50 CL	5,50€

## CERVEJA LATA BEER CAN

SAGRES 33CL	4,00€
HEINEKEN 33CL	5,00€

## CAFÉS & CHÁS COFFEES & TEAS

CAFÉ OU DESCAFEINADO COFFEE OR DECAFFEINATED	2,00€
CAPPUCCINO	
ICED MACCHIATO	3,50€
ICED LATTE	3,50€
ICED CAPPUCCINO	3,50€
CHÁS E INFUSÕES TEAS AND INFUSIONS	3,50€
CHÁ FRIO ICED TEA	3,50€



# food

## BOWLS BOWLS

**AÇAÍ FEST (V)** 10,00€  
Açaí, mirtilo, manga, morango, sementes de cânhamo e linhaça  
Açaí, blueberry, mango, strawberry, hemp seeds and linseed

**TROPICAL BREAKFAST (V)** 9,50€  
Banana, ananás, côco, sementes de cânhamo, sementes de girassol e sementes de abóbora  
Banana, pineapple, coconut, hemp seeds, sunflower seeds and pumpkin seeds

**BERRY OATS (V)** 9,50€  
Aveia sem glúten, morango, amora, framboesa, mel e baunilha  
Gluten free oats, strawberry, blackberry, raspberry, honey and vanilla

## SANDUICHES SANDWICHES

**SANDUICHE MISTA** 7,00€  
HAM & CHEESE SANDWICH

**SANDUICHE DE FRANGO** 13,00€  
com molho César, alface e parmesão  
CHICKEN SANDWICH  
with Caesar sauce, lettuce and parmesan cheese

**SANDUICHE DE SALMÃO FUMADO** 15,00€  
com queijo creme e espinafres  
SMOKED SALMON SANDWICH  
with cream cheese and spinach sandwich

## PIZZAS PIZZAS

**PIZZA QUEIJO, FIAMBRE E COGUMELOS** 15,00€  
CHESSE, HAM AND MUSHROOMS PIZZA

**PIZZA ESPECIAL DO DIA** 17,00€  
(CONSULTE AS NOSSAS SUGESTÕES DIÁRIAS)  
DAILY SPECIAL PIZZA  
(ASK FOR OUR DAILY SUGGESTIONS)

## SALADAS SALADS

**SALADA MEDITERRÂNICA DE QUINOA (V)** 18,00€  
com quinoa, pimentos, tomate cherry, pepino, azeitonas e vinagrete de balsâmico  
**QUINOA MEDITERRANEAN SALAD (V)**  
with quinoa, peppers, cherry tomato, cucumber, olives and balsamic vinaigrette

**SALADA CAPRESE** 17,00€  
com queijo mozzarella fresco, tomates cherry e molho pesto  
CAPRESE SALAD  
mozzarella cheese, cherry tomatoes and pesto sauce

**POKE BOWL (CONSULTE AS SUGESTÕES DIÁRIAS)** 18,00€  
POKE BOWL (ASK FOR OUR DAILY SUGGESTIONS)

## PRATOS QUENTES HOT DISHES

**TOSTA MISTA EM PÃO RÚSTICO** 14,00€  
CHEESE AND HAM RUSTIC TOAST

**HAMBURGUER DE NOVILHO EM PÃO DE SÉSAMO** 17,00€  
com queijo, bacon, cebola caramelizada, cogumelos, alface e tomate  
VEAL HAMBURGUER IN SESAME BREAD  
with cheese, bacon, caramelized onion, mushrooms, lettuce and tomato

## SOBREMESAS DESSERTS

**SALADA DE FRUTA** 5,00€  
FRUIT SALAD

**GELADOS BEN & JERRY** 6,50€  
BEN & JERRY ICE CREAMS

Caramel Chew | Chocolate Fudge Brownie | Cookies or Cookie Dough Vegan | Strawberry Cheesecake

## SNACKS SNACKS

**BATATA FRITA TYRRELLS LIGHTLY SEA SALTED 40GR** 3,00€  
TYRRELLS LIGHTLY SEA SALTED FRENCH FRIES 40GR

**BATATA FRITA TYRRELL'S CIDER VINEGAR & SEA SALT 40GR** 3,00€  
TYRRELL'S CIDER VINEGAR & SEA SALT FRENCH FRIES 40GR

**CHIPS DE BATATA DOCE DE ALJEZUR 30GR** 5,00€  
SWEET POTATO CHIPS FROM ALJEZUR 30GR

**PIPOCAS PEPITA CARAMELO PICANTE 50GR** 5,00€  
PEPITA POPCORN SPICY CARAMEL 50GR

**PIPOCAS PEPITA CARAMELO SALGADO 50GR** 5,00€  
PEPITA POPCORN SALTED CARAMEL 50GR

**BOLACHAS DE CHOCOLATE NOFORK 75GR** 6,50€  
NOFORK CHOCOLATE COOKIES 75GR

**BOLACHAS LOAKER CACAU 45GR** 3,00€  
LOAKER CACAO COOKIES 45GR

**D'HAUBRY MINI PALMIERS 100GR** 7,00€

**LEIBNIZ ZOO CACAU 100GR** 4,50€  
LEIBNIZ ZOO CACAO 100G

**CHOCOLATE TOBLERONE 35GR** 3,50€  
TOBLERONE CHOCOLATE 35GR

**AMENDOINS PICANTES NOFORK 60GR** 6,00€  
NOFORK SPICY PEANUTS 60GR

**AMENDOINS SALGADOS NOFORK 60GR** 6,00€  
NOFORK SALTED PEANUTS 60GR

**GOMAS NOFORK 60GR** 7,50€  
NOFORK GUMMIES 60GR

**PROTEIN SNACK 30GR CHOCOLATE BELGA** 3,00€  
PROTEIN SNACK 30GR BELGIAN CHOCOLATE

(V) - VEGETARIANO; VEGETARIAN  
IVA INCLUÍDO - VAT INCLUDED

No caso de ter alguma alergia ou intolerância, por favor informe o empregado antes de efetuar o seu pedido. Nenhum prato, produto alimentar ou bebida incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado. In case you have any allergies or intolerance, please inform the employee before placing your order. No dish, food or drink, including the cover charge, can be charged if it is not requested by the customer or if it is unusable.

Nos termos do nº1 do artigo 3º, pelo Decreto-Lei nº 106/2015, de 16 de junho:

É proibido facultar, vender ou colocar à disposição quaisquer bebidas alcoólicas em locais públicos e em locais abertos ao público: a) A menores de 18 anos; b) A quem se apresente notoriamente embriagado ou aparente possuir anomalia psíquica. According to Portuguese Law, paragraph 1, article 3, Decree-Law No. 106/2015, of 16th June: Stating it is prohibited to provide, sell or make available any alcoholic beverages in public spaces and in places open to the public to:

a) Any individual under 18 years old; b) Any individual who appears to be intoxicated or suffers any mental illness

eagle  
POOL BAR

