

# Sublime Bola Ritual

The Sublime Bola Ritual is a truly personalized treatment that works for different stages of pregnancy. It has been passed down over generations of women of the world who have long helped other women welcome the changes to their body during pregnancy using their hands. Its soft smoothing motions deeply relax the changing body during this time.

## **Sublime Bola Ritual** 50 min - € 115

### **PREGNANT WOMAN**

Discover the smoothing and gentle massages in order to serenely welcome all the changes in the body during pregnancy.

*This massage is performed after the 1st trimester.*

## **Sublime Bola Grand Ritual** 1 h 20 - € 165

### **PREGNANT WOMAN**

Composed of the Sublime Scrub with Tahitian Monoï and the Sublime Bola Ritual, this ritual combines a complete revitalization of the body to give yourself a moment of relaxation and comfort for yourself and your unborn baby.

*This massage is performed after the 1st trimester.*

