



alluvia

spa and wellness retreat

Pricing

# Teen Spa Menu

# Teen Spa Menu

## Massages

Offered to ages 16+ with parent/legal guardian consent.

### Chair Massage.....25 Minutes

Fully clothed spot massage for neck, back and shoulders performed in a private area of the spa. Perfect for quick relief on-the-go! **40**

### Spot Relief.....25 Minutes

Perfect spot massage for an area of concern using Deep Tissue Therapy massage techniques and a healing Peppermint Balm. **60**

### Rest & Relax Custom.....50 Minutes

Restful Swedish and relaxing Deep Tissue techniques combine to achieve your desired treatment result. Choose your pressure preference upon check-in. **130**

### Enrich Scalp Therapy.....15 Minutes

Exotically scented oil nourishes hair while you deeply relax with a specialized massage sequence designed to stimulate the scalp. **30**

### Signature Foot Therapy.....15 Minutes

This rejuvenating treatment combines our Signature Sugar Scrub, luxurious steam towel service and hydrating Body Butter foot massage. **30**

## Facials

Offered to ages 16+ with parent/legal guardian consent.

### Refresh Organic Facial.....25 Minutes

Organic Kombucha cleanse, gentle Fruit Enzyme peel, nourishing mask, and hydration for a healthy glow in minutes! **60**

### Classic Organic Facial.....50 Minutes

Rapidly improve skin tone and texture and fight free radicals. This facial includes a traditional steam treatment with time allowed for extractions as needed. Recommended for all skin conditions. **120**

## Nail Services

Offered to ages 13+ with parent/legal guardian consent. Supervision rules apply.

### Refresh Manicure.....30 Minutes

Complete nail and cuticle care, lotion application and OPI polish. **45**

### Refresh Pedicure.....30 Minutes

Dry pedicure with complete nail and cuticle care. Relaxing steam towel service, lotion application and OPI polish. **50**

### Essential Pedicure.....50 Minutes

Full-service pedicure to include foot soak, complete nail and cuticle care, callus care, exfoliation, massage and OPI polish. **65**

## Manicure & Pedicure Enhancements

Quick Dry Polish.....5

French Polish.....10

Quick Dry French Polish.....15

Shellac Removal, *starting at*.....10

Shellac Polish.....15

French Shellac Polish.....20

All prices, services charges, and taxes are subject to change.



# Alluvia Experience

## Scheduling Appointments

Spa appointments must be reserved with a valid credit card, resort room number, or club member account number. You will not be charged prior to your arrival, and upon check in you may choose another payment method.

## Arrival

Alluvia is located at Cheyenne Mountain Resort in the tennis and fitness facility. Please arrive at least 20 minutes prior to your appointment time to complete a brief guest profile. Additionally, we encourage you to allow extra time before your appointment to enjoy our spa amenities. Arriving late will limit the time of your service. Your treatment will end at the scheduled time to accommodate the next guest's appointment.

## Gratuities

Gratuities are not included in published pricing. For your convenience, a 20% gratuity charge will be added to your spa services total. The choice of leaving any additional gratuity above the 20% is at your discretion.

## Cancellation Policy

If you must cancel your appointment, we request you provide 24-hour notice. Cancellations within this time frame will incur a 50% service charge. All no show appointments will be billed in full. Cancellations will not be taken by voicemail, and the Spa is not responsible for the cancellation of hotel room reservations.

## Spa Privacy

For the privacy and serenity of our guests, we ask for conversations to remain discreet and to refrain from using cameras, cell phones or other electronic devices in the spa relaxation sanctuary or treatment areas.

## Age Requirement

Spa guests must be 18 years or older for use of the Spa facility and a private Spa experience. Alluvia offers a select menu of pampered-teen services and limited Spa access for ages 13-17. Parents or legal guardians must provide consent for spa treatments for teens aged 13-17 and must be present in the spa or fitness facility during all teen services.



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**DOLCE**  
HOTELS AND RESORTS™

Cheyenne Mountain Resort | The Country Club of Colorado  
125 East Clubhouse Drive | Colorado Springs, Colorado 80906  
719-538-4071, or extension 4071 from your guest room  
[CheyenneMountain.com/Spa](http://CheyenneMountain.com/Spa)