

# The NATURALIST

Café & Lounge

## Chef Prepared LUNCH & DINNER

Open Daily 11:00AM - 10:00PM

### Cheese Plate

*Allergies: Dairy, Nut, Gluten*

assorted cheese, crackers, olives,  
grapes, house preserves

8

### Hummus & Crudité

*Allergies: Gluten, Nut*

assorted raw vegetables,  
hummus, pita chips

6

### Charcuterie Plate

*Allergies: Dairy, Nut, Pork, Gluten*

assorted charcuterie, crackers, olives,  
whole grain mustard, smoked almonds

9

### Power Snack

*Allergies: Dairy, Nut, Egg*

smoked almonds, cubed cheese,  
dried fruit & chocolate, hard boiled egg

5

## SANDWICHES

### Club Sandwich

*Allergies: Dairy, Pork, Gluten*

turkey, ham, swiss, bacon, canadian bacon,  
lettuce, dijonnaise, brioche bread

11

### Chicken Shawarma

*Allergies: Gluten*

chicken, sumac red onion,  
garlic sauce, pita bread

8

### Turkey Sandwich

*Allergies: Dairy, Gluten*

turkey, swiss, lettuce, tomato,  
dijonnaise, brioche bread

4

### Chicken Salad Sandwich

*Allergies: Dairy, Egg, Nut, Gluten*

chicken, mayonnaise, dijon mustard,  
onions, celery, cranberry, almonds,

pretzel bun

10

### Bayou Burger

*Allergies: Dairy, Nut, Gluten*

ground beef, lettuce, tomato, onion,  
house pickles, house spread, brioche bun

12

american, gruyere or cheddar +2

house bacon +2

kenz hen egg +2

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*Café & Lounge*

## SALAD

### Kale Caesar Salad

*Allergies: Dairy, Gluten, Fish*  
baby kale, garlic roasted croutons,  
parmigiano-reggiano, caesar dressing  
9

### House Salad

*Allergies: Dairy, Nut*  
mixed greens, apples, candied pecans,  
blue cheese, honey vinaigrette  
9

## SNACKS

### Candy

Hershey, Snickers, M&M Plain,  
M&M Peanut, Skittles  
2

### Potato Chips

Sea Salt, BBQ, Jalapeño  
2

### Planters Trail Mix

Trail Mix  
2

### Ice Cream Bars

Big Alaska, Crunch Bars, Nuttin Butter  
3.5

### Kind Bars

Dark Chocolate, Sea Salt Caramel,  
Cranberry  
2.5

### Pringles

Plain, Sour Cream & Onion  
2

### Jerky

Original  
3

### Whole Fruit

Banana, Orange, Apple  
1

### Oiko Greek Yogurt

Strawberry, Blueberry, Blackberry  
4

Naturalist Café & Lounge

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