

SPA

INTERCONTINENTAL®

MENU OF SERVICES

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MASSAGE

Take a scent-sational healing journey with our customized aroma infused massages. Reduce tension, stress, and the negative effects of fast-paced city life by choosing from a range of specialized massage techniques. All our massages include your choice of aroma-infused oils or a neutral nut-free oil may be selected.

Deep Tissue Massage | 60/90-minutes, \$165/\$255

This therapeutic session will help release chronic patterns of tension and muscle pain.

Swedish Massage | 60/90-minutes, \$155/\$230

Our soothing Swedish massage will help reduce tension, increase circulation, and promote relaxation.

Pre-Natal Massage | 60/90-minutes, \$165/\$255

Our expert therapists will create a personalized treatment that helps ease the aches of your changing body. Massage techniques and pregnancy support pillows will help you relax and care for both yourself and baby. Not offered in the first trimester.

SKIN CARE

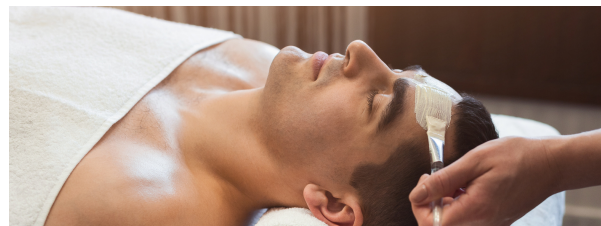
Our BABOR rituals showcase the art of precision skincare featuring innovative active ingredients with luxurious, tailor made treatments designed to deliver long-lasting results.

Collagen Fusion | 60-minutes, \$180

Restore and lift your skin with this collagen boosting therapy. Ultra-potent hyaluronic acid and collagen plump the skin from the inside out while smoothing fine lines and wrinkles. The effect of this treatment is amplified with a collagen-infused mask to nourish and reshape the facial contour.

Skinovage Tailored Facial | 60-minutes, \$165

Synergistically formulated with advanced age prevention ingredients, including highly active concentrates applied with specific massages. This advanced treatment is designed to stimulate the anti-aging mechanism to prevent visible signs of aging. The skin is left refreshed, radiant, and younger-looking.



Gentleman's Facial | 60-minutes, \$165

Specifically designed for men, our gentleman's facial purifies and cleans while eliminating dead skin cells. Gentle extractions clear blocked pores and a soothing mask comforts and softens the skin. The finale to this treatment is a massage of the face, neck, and shoulders. Please shave before treatment.



SIGNATURE

The spa features indulgent treatments that range from revitalizing, precision skincare rituals to calming massages and stimulating body treatments. Utilizing science-based innovative ingredients with fresh farm-to-table epicurean-focused ingredients, the spa provides ultimate relaxation and rejuvenation.

Sea Salt & Sunflower Body Renewal | 60-minutes, \$175

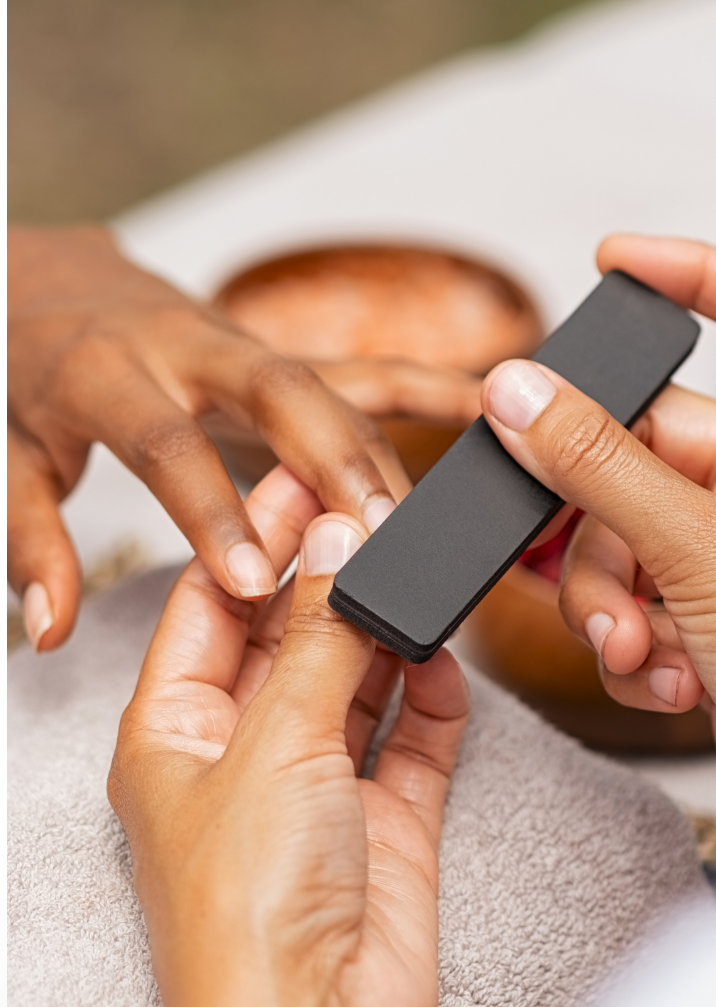
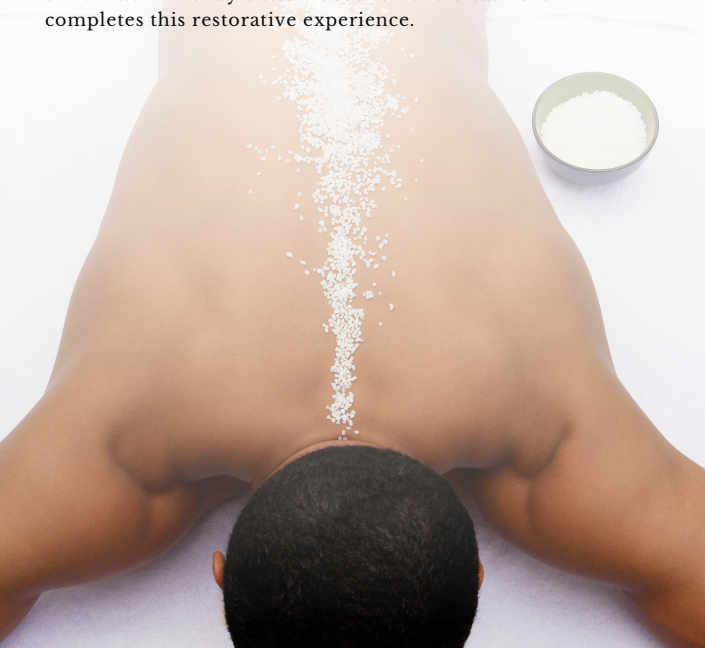
Begin with a heavenly sea salt mineral bath soak to aid in detoxifying and relaxing. Next, a full-body shea butter and sugar coconut scrub refines and smoothes the skin. A powerful Sunflower Honey Butter Serum, rich in vitamin A and antioxidants, is painted on to help skin deeply repair itself, improving the appearance and health of skin as retinol fights against the signs of aging. The final touch is an aromatic lotion with soothing notes of sandalwood and Tonka bean, massaged to provide ultimate hydration

Detox & Glow Facial | 60-minutes, \$180

Skin detoxification is essential for cellular regeneration. This blend of potent vitamins and minerals will repair the skin and neutralize harmful substances that can increase visible signs of aging. The resulting detoxification will allow nutrient revitalization which is vital for maintaining a youthful complexion.

Healing Honey Agave Massage | 60/90-minutes, \$175/\$250

Indulge in this healing massage that begins with a dry brush exfoliation and warm compresses on the back to release tension. Several massage techniques are incorporated to achieve overall relaxation for body and mind including an indulgent scalp treatment. A soothing agave oil is then massaged into the body for ultra-hydration to soften the skin. A warm honey butter foot and hand treatment completes this restorative experience.



NAIL SALON

Honey Indulgence Pedicure | 75-minutes, \$75

Feet and legs are softened and soothed in a warm, nectar whole milk soak. Next, a sea salt and citrus-grass scrub exfoliate, clearing the way for a nourishing massage treatment. After cuticles and nails are perfectly shaped, a warm organic honey mask is applied. End with a whipped, organic honey butter rubdown that delivers the highest concentration of skin-loving vitamins A, D and E.

Raspberry Fizz Manicure & Pedicure

45-minute Manicure, \$50 | 60-minute Pedicure, \$65

Immerse in a refreshing bubbling fizzier soak bath that both relaxes and invigorates. An exfoliating sugar scrub, made with Square One organic vodka and raspberry extract, thoroughly banishes dry skin and hydrates deeply with natural oils. A light drizzle of melted shea, cocoa, and mango butters makes for a lavish massage finale.

HOW TO SPA

Welcome to the SPA InterContinental, where we welcome both hotel and outside guests. We are pleased to offer the ultimate spa experience, which includes use of our fitness center, indoor pool and luxurious locker rooms all included with your spa treatment.

Appointments and Reservations | We highly recommend that you schedule spa appointments in advance to ensure that your preferred treatment and time is available. Reservations are subject to availability and must be guaranteed with a credit card.

Cancellation | Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

Arrival | We recommend that you arrive 30 minutes prior to your first scheduled appointment. This allows you time to check in and enjoy our well-appointed locker rooms.

Late Show | As a courtesy to other clients, if you arrive late you will receive the remaining available appointment time. The full treatment price will apply.

Age Requirements | The minimum age to access the spa, locker room and fitness center is 18 years of age. We are happy to welcome young adults from 16 years old to enjoy the facility and treatments; however they must be accompanied by a responsible adult age 18 or older.

Payment | We accept all major credit cards. Hotel guests may also charge the service to their room.

Gratuities | For your convenience, a gratuity of 20% has also been added to your service(s). Gratuities are optional, can be adjusted, and are left at your discretion. Gratuities are retained in full by the provider(s) performing or staff contributing to the service(s).

Gift Card | InterContinental Boston gift cards are a wonderful way to give the gift of health, relaxation and wellness to the special people in your life. We will be more than happy to arrange a group of services to fit any occasion. Gift cards may be purchased at the front desk and by phone and may not be redeemed for cash.

Personal Property / Valuables | Please do not bring or leave valuables in the facility or lockers. We are not responsible for any theft or loss of personal property, including jewelry or other personal items.

THANK YOU AND WE LOOK FORWARD TO YOUR VISIT!